



STREAM

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5

WAYS TO MAKE MONEY

COVENANT PHD STUDENTS EXCEL AT ICAN COLLOQUIUM

CHANCELLOR DEDICATES COVENANT'S RESEARCH FEATS TO GOD

CHARACTER & DECENCY

COVENANT UNIVERSITY

Tops Most Employable Graduates List

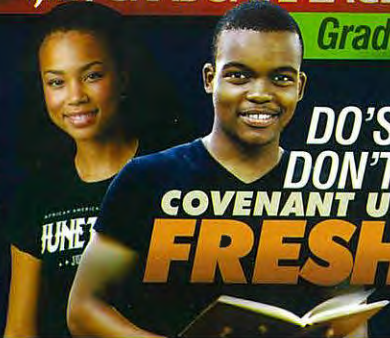


COVENANT UNIVERSITY RELEASES 1,125 GRADUATE EAGLES

Graduation list inside



What you need to know about **Neymar Junior**



DO'S AND DON'TS FOR COVENANT UNIVERSITY FRESHERS





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Welcome to the Creativity Edition of *Stream* Magazine

Documenting feelings, ideas and thoughts through such channels as books, newspapers and magazines is commonplace. This activity is very important because it creates a reservoir of knowledge you can easily make reference to. I guess, at one point in time, we all have been in situations where we trusted our brain to help us and just when ourselves, it didn't

we needed to express come through.

As a matter of fact, documenting thoughts, ideas, and experiences can be seen as a reliable way of representing the reality that we are surrounded by. Our documentation, which emerges in the forms of texts, images and the blank space, are pointers to a big picture in some respects. When this happens, it is called creativity!

Creativity is, however, in two ways. It is not uncommon to see persons writing degrading stuff about others, as they invade privacy. This act can actually cause a lot of damage to the other party that is being reported. Low self-esteem could be one of the upshots. On the other hand, one could write to educate, inform, entertain and persuade others. When one writes to achieve these, journalism builds a legacy. It takes creativity to build a legacy through journalism. Welcome to the creativity edition of *Stream* magazine. *Stream* is Africa's biggest students training magazine and no publisher has come out to dispute our claim as World's No. 1 either. We have consistently published since 2005 with pages ranging between 100 and 120. This creativity edition covers a

wide spectrum – health, academics, arts and life, sports; just name it!

Glory goes to the Father, Son and Holy Ghost for making this edition possible. I am appreciative of the leadership of our HOD, Dr. Lanre Amodu. He was always there to assist us anytime we needed assistance.

Our Course Instructor, Dr. Oladokun Omojola (Associate Professor) is the one who taught us how to produce the beautiful magazine you are reading right now. *Stream* generates adverts more than any students training magazine in the world. Dr. Omojola's experience as a journalist and advertising guru is critical to the emergence of all the adverts you see in this edition. We also thank his friends in the industry who responded positively to our requests for adverts.

I also want to appreciate our indefatigable Student Liaison Officer, Mr. Darlynton Yartey who never slacked in his responsibilities. His patience with us, teaching assistance and the result-oriented tutorials merged to make this edition a huge success. I keep wondering what this edition would be like if he had not assisted us.

My heartfelt appreciation goes to

every member of the editorial board and the entire MAC 326 Class which produced this edition. Your efforts in ensuring the success of this magazine are second to none. To every contributor, thank you so much. God bless you.

Peace!

Favor Oyibo
Editor



This magazine is produced by the students of the Mass Communication Department of Covenant University, Ota, Nigeria on the platform of MAC 326 (Magazine Management & Production)

“Our documentation, which emerges in the forms of texts, images and the blank space, are pointers to a big picture in some respects. When this happens, it is called creativity!”

HOD Mass Comm - Dr. Lanre Amodu
Course Instructor - Dr. Oladokun Omojola (Associate Professor)
Student Liaison Officer - Mr. Darlington Yartey
Additional Graphics - Segun Oyedele
Additional Stories - Covenant University Corporate Affairs

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Covenant University

Tops Most Employable Graduates List

The Nigerian Graduate Report

Stutern, a Lagos-based startup and an online platform that carries out studies on employment in Nigeria and Nigerian universities, has in its 2016 edition of 'The Nigerian Graduate Report' publication ranked Covenant University Number One in the list of Nigerian universities (both private and public) with the Most Employable Graduates.

According to the report by Stutern, Covenant University, with 90% employability rate, emerged first among institutions that have more employed graduates according to the employment status of their graduates. Only two private institutions made the top 10 list while others were Federal and State institutions.

The University of Agriculture, Abeokuta, with 84.62% employability rate, was second; Obafemi Awolowo University, Ile-Ife, with 83.33%, was third; while Federal University of Technology, Akure and the University of Ilorin with 80.00% and 77.78% were fourth and fifth

respectively.

Ekiti State University (75.00%), University of Uyo (75.00%), Olabisi Onabanjo University, Ago Iwoye (75.00%), Babcock University, Ilishan-Remo (73.68%) and the University of Lagos (73.24%) complete the top 10 list of universities with most employable graduates in that order.

Stutern, in its overview of the report, said key findings revealed that employment

favors the most educated graduates; labor is cheap in Nigeria; the National Youth Service Corps (NYSC) programme contributes to why the Education industry employs the most for first jobs in Nigeria; and More than 50% of graduates disagree that their graduate

aim with the report is to empower all stakeholders to better understand the state of youth employment in the Nigerian economy and helping companies to recruit better.

In the Foreword of the report written by a former Minister of Education, Dr. (Mrs.) Oby Ezekwesili, she expressed her delight at the work of Stutern which has produced 'The Nigerian Graduate Report 2016'. The report, she said, unveils a diversity of the variables at play in the youth employment and unemployment issues that Nigeria must address.

"As the report shows, there are underlying issues that seldom receive thoughtful response either by government, the education policy makers, academic institutions, the business sector and owners, families and young people who are the primary target of the Report. All these factors must now be further interrogated and the right menu of solutions found over time," Dr. Ezekwesili stated.

The report, which ranked Covenant University Number One University with Most Employable Graduates is yet again a validation of the high quality training on offer at the institution.



education prepared them with communication skills.

Also featured in the report are the employability status of Nigerian graduates, the most employable courses, return on investment, and starting and current salary of recent graduates among others. Stutern stated that its ultimate

Covenant PhD Students Excel at ICAN Colloquium



Two PhD students of Covenant University, Mary Ogundanna and Peace Okougbo have emerged winners of the top prize and 2nd runner-up honour respectively, at the 3rd Academic Conference of the

Institute of Chartered Accountants of Nigeria (ICAN).

Ogundanna's paper titled, 'Application of Fair Value Accounting and the Quality of Accounting Information of Listed Firms in Nigeria', was ranked first among the 8 papers presented at the colloquium and she was awarded a cash prize for her effort.

Also, Okougbo, with her paper titled, 'Accounting Ethics Education and the Behaviour of Accounting Undergraduates in South Western Nigeria', was ranked third and got a cash prize.

Ogundanna and Okougbo's feats are remarkable, considering that they accounted for two of the only three prizes available. The Academic Conference Committee had on behalf of the Technical, Research and Public Policy Committee (TRPPC) of ICAN congratulated both Covenant University students on their research proposals presented at the PhD Colloquium.

The performance of Ogundanna and Okougbo is yet another validation of the high quality teaching on offer at Covenant University at both the undergraduate and the postgraduate levels.



CHANCELLOR Dedicates Covenant's Research Feats to God



Chancellor, Covenant University, Dr. David Oyedepo, giving his charge and blessing the assembly.

The Chancellor and Chairman, Board of Regents, Covenant University, Dr. David O. Oyedepo, has attributed the recent accomplishments by the University in the field of research to God's hand manifesting itself in the

various research works of faculty members of the University.

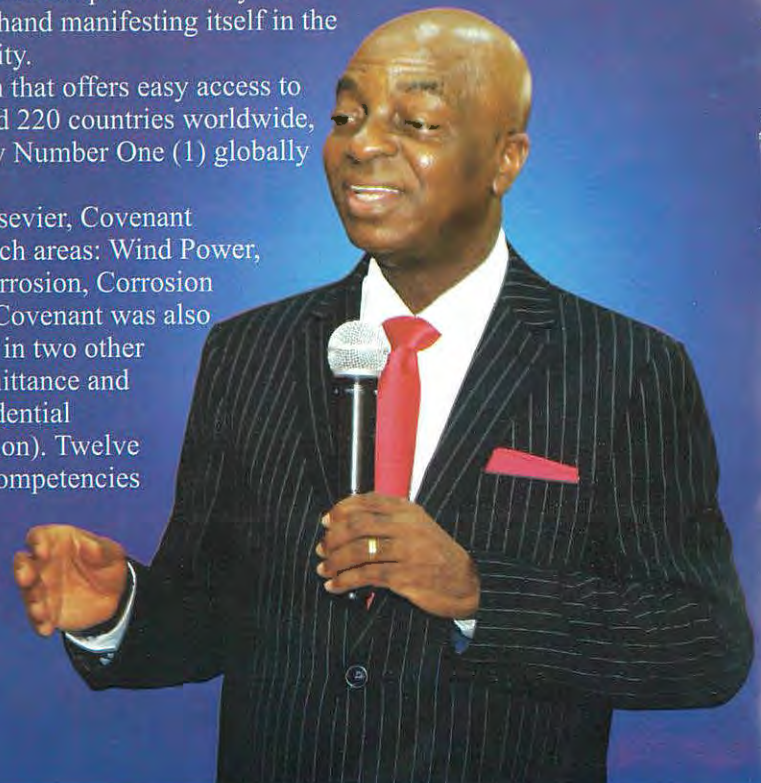
Elsevier SciVal, the world acclaimed ready-to-use solution that offers easy access to the research performance of 8,500 research institutions and 220 countries worldwide, had in its recent computations ranked Covenant University Number One (1) globally in some research endeavours.

Looking at the data from 2011 to 2015 as calculated by Elsevier, Covenant University was rated World Number One (1) in two research areas: Wind Power,

Wind and Turbine and Corrosion, Corrosion Inhibitors, Carbon Steel. Covenant was also rated World Number Two in two other research area: Trade, Remittance and Effect and Housing; Residential Satisfaction and Satisfaction). Twelve other areas of emerging competencies were identified.

These achievements had enabled the University to identify 16 areas of competence to invest in, research wise.

Covenant University was rated World Number One (1) in two research areas: Wind Power, Wind and Turbine and Corrosion, Corrosion Inhibitors, Carbon Steel.



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Some beautiful scenes of **Covenant University Campus**



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Students' Chapel



COS Building



Computer Centre



Student's Hall of residence



Senate Building



CST Building



Journal section of Centre for Learning Resources



During a conference



Currid Building



Fashion Design Centre



Side view of CST



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5 Ways to make Money

Most times when people want to gain more money they cut back on their expenses. As this will work for some time it isn't the most effective means. I have put together 5 ways to increase your revenue without breaking a sweat.

Tips on how to start a Successful Business

Starting your own business isn't really as easy as everyone makes it seem. You'll get a lot of advice from the internet, friends, and family and even professionals the field which may turn out to be quite overwhelming for a person looking to become an entrepreneur.

Here are a few simple tips that can guide you on the right path to starting a successful business.

1. Do a feasibility study

A feasibility study is the first step anyone looking to start a business must take. It helps the business owner know his/her target audience, competitors, the projected costs alongside the projected sales and profits of a business idea.

2. Have a detailed business plan

A business plan is a must in order to ensure business success. Your business plan should be able to clearly state your business mission, goals, it should also set deadline for set goals. Remember that the business plan should allow the entrepreneur identify possible business weaknesses and threats.

3. Network

The business world we know today would be nowhere without the power of networking. Networking is an extremely important part of business. Connections with people at events, trade shows and exhibitions with professionals can lead to future business partners and mentors.

4. Get the right team.

Surrounding yourself with the right business partners and mentors isn't enough. You'll need to have a great team to work with. Having a team that shares your vision transforms and pushes your business to greater heights.

5. Brand and advertise

Now you're almost ready for business but you need to brand and advertise. Branding and advertising your product or services makes it easy for people to readily and easily identify it. It is a vital differentiator and allows for awareness of product existence and growth.

6. Think post-modern

By being post-modern here I mean thinking ahead of the curve. As a business person you have to be focused yet monitor the trends and

1. Invest:

Invest in stocks or shares. When you invest in stock of a company you become a shareholder of that company. You become a part owner that entitles you to a share of the company profit.

2. Antiques:

Antique collecting is a possible route to get huge returns. Look out for rare items that may seem like junk. Joe Rosson, a Tennessee appraiser, and co-author of "Treasures in Your Attic" once came across an old doll a client had thrown out during an appraisal, the doll turned out to be an antique item with a worth of \$15,000

3. Start an online business:

In this current age it's a no brainer that if you want to make money or more money you move your business online. Having a website, blog or YouTube channel goes a long way. Create a website with adverts and affiliate links, like blogger J.Money who now has a net worth of \$400,000 in 7 years.

4. Rent out Property:

Rent out any space you aren't using (your garage, parking space, office space or a plot of land). You could even rent out your car.

5. Promotions:

Promoting products and events for companies is a good way to make extra cash especially if you have traffic on your social media profile, website or blog.

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movements of the business industry. An entrepreneur needs to be current on the ever advancing issues and techniques in the trade.

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DO'S &
DON'TS
FOR CU

Freshers

So, there are a thousand and one mistakes freshers make. Here are ten you should avoid

ADEBAYO DAVID

•**Let your black-tie rest:** thinking about getting a black tie to wear every day? Just don't do it. Sure, black ties go with everything but you'll never know how creative your fashion sense can be if you don't drop that tie.

•**Avoid floating trousers:** we understand that comfortable pants are the best but try as much as possible to look good and comfortable. Baggy trousers are so out of style.

•**One blazer for all:** this goes for guys and girls. It's easy to wear one blazer and constantly change what's beneath it. But easy is just too cheesy. Step up your dress game.

•**Face of Cafe:** it's a good thing to be social and popular. However,

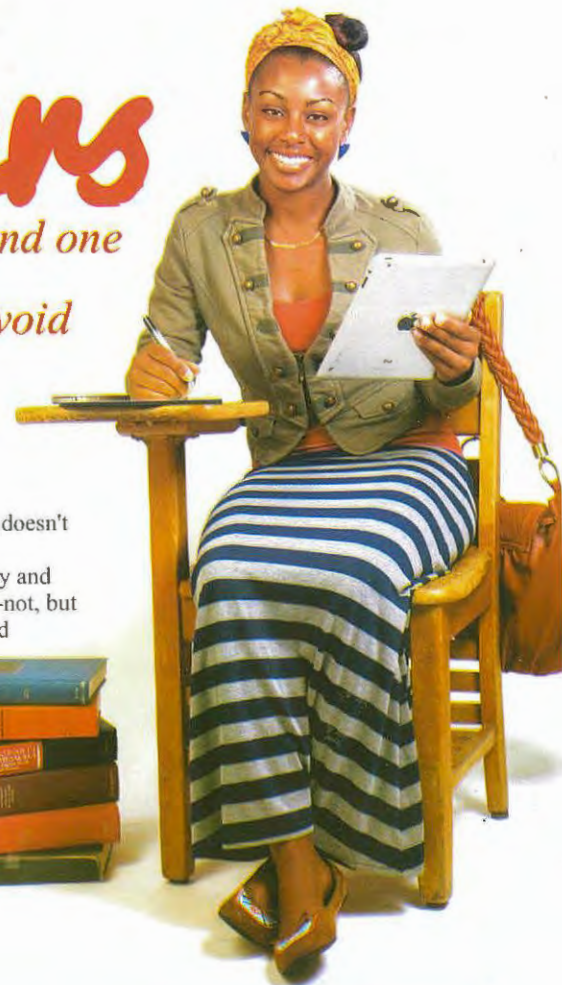
you should slow down. The cafeteria is not your permanent social hub.

•**Don't show your true colours:** colours can be confusing at times. It doesn't mean you should pretend to be a rainbow. And 50 shades of everything doesn't work either.

•**Living large:** right now, you're getting a lot of money and you're probably spending it all on "Bashan" and what-not, but trust me by your 300 level you'll be wishing you saved all that cash, why not start now.

•**Sweater swag:** sweaters are cool and yes you just got some really cool ones you want to show off, but stop battling with the weather when the sun is on full blast, give that sweater the day off, and trust me you won't regret it.

•**Collars:** So when you are shopping for shirts especially, guys I strongly advice you avoid shirts with collar's like Dracula wore them; it won't look that good when you wear a tie on it.



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•McDonalds serves roughly 1% of the world's population every day.

•Apples are more efficient at waking you up in the morning than caffeine.

•In the United States, it costs an average of \$245,000 to raise a child before college.

•The planet Uranus was discovered before the continent of Antarctica.

Usain Bolt, the world's fastest human, has never run a mile.

•To your brain, one sleepless night is the cognitive equivalent of being legally drunk.

•A new 2017 study has affirmed, the more time you spend on Facebook, the worse you feel about yourself.

•A single Boeing 747 engine delivers twice the horsepower of all the Titanic's steam engines combined.

•Twins, at a very young age, have the potential to develop their own unique language that they use only to communicate with each other.

•People who habitually stay up late are on average more psychopathic than early risers.

•There is a fountain in Italy that dispenses free wine, 24 hours of 7 days in a week.

•Lipstick was an indicator of social status in Ancient Rome and Egypt, so both men and women wore it to show they were upper class.

•Your eyebrows renew themselves every 64 days.

•Crows recognise human faces and hold grudges against those they do not like.

•A tiger's tongue is so rough, that it can lick the paint off buildings and strip the skin from the bones of an animal.

•If you are a man and pee on a pregnancy test and it's positive, you probably have cancer.

•Intelligent people are more likely to trust others.

•Cracking your knuckles does not hurt your bones or cause arthritis the sounds you hear is a just gas bubble bursting.

•Only female mosquitoes drink blood. Males are vegetarians.

•Pronoia, the opposite of paranoia is the delusion that everyone is secretly plotting your success.

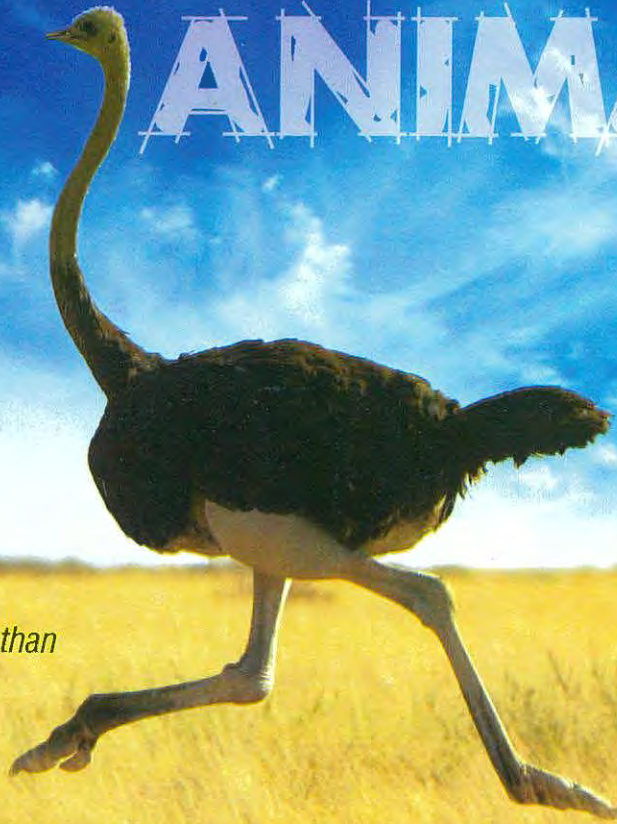
•Yawning and stretching at the same time is called pandiculating.

•Marie Curie is the only person to ever win Nobel Prizes in two different areas of science.

.....culled from wtffunfacts.com



ANIMALS



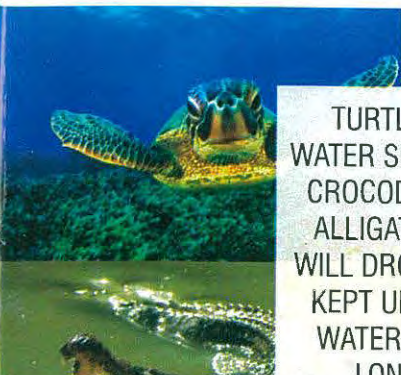
OSTRICH can run faster than horses, and the males can roar like lions



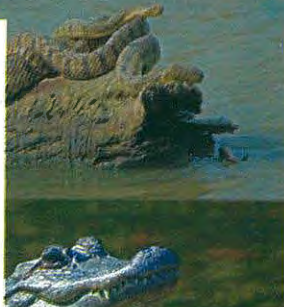
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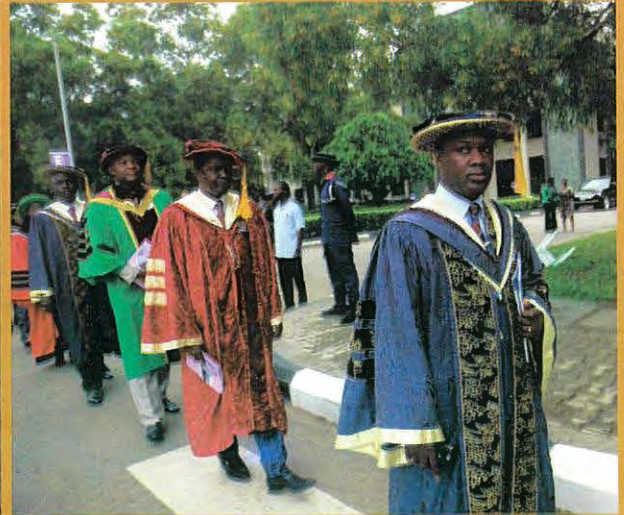
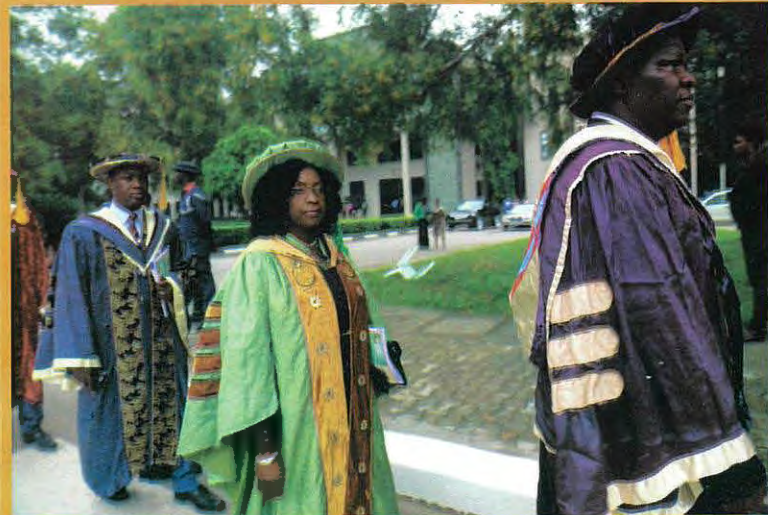


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Jungle Justice

By Ayo Temi

Stealing is a sin but so is murder
 The thought process of a human being is being hard to comprehend so don't bother
 The word on the street is that honesty is key
 But when ends are hard to meet, blinded by poverty, Integrity is kind of hard to see
 Stealing becomes appealing and murder is no blunder
 But as appealing as stealing may be, it's a risky source of livelihood you'll see
 Getting caught by the masses, you'll realize you were their awaited scape goat
 Sadness and poverty are in the air
 so the burn for an outlet is hard to bear
 They won't care about your unborn child or your starving mother
 All they'll care about is that justice that is served
 Looking around to find your excucutor, you see that it's your half brother
 Apparently, family doesn't mean anything
 Their word or your shameful deed reserved
 You were born alone so you're on your own
 You've committed a crime, one they won't condone
 Thinking about your unachieved goals
 Your life is taken from you with blows
 Before you pass away to the useable, your last thought will be
 'Between mine and theirs whose sin is forgivable?'
 Stealing is a sin but so is murder
 The thought process of a human being is hard to comprehend why bother?



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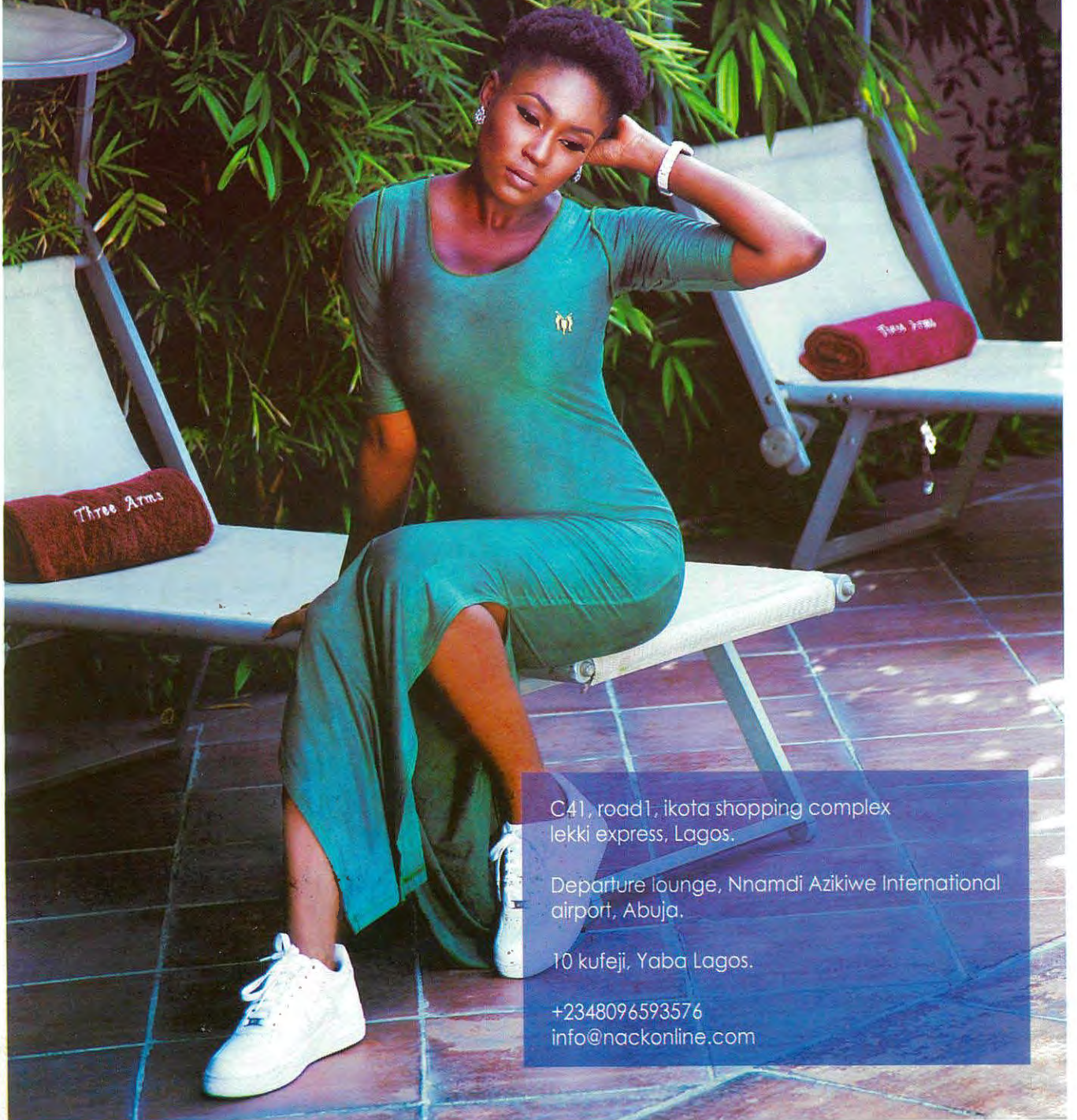
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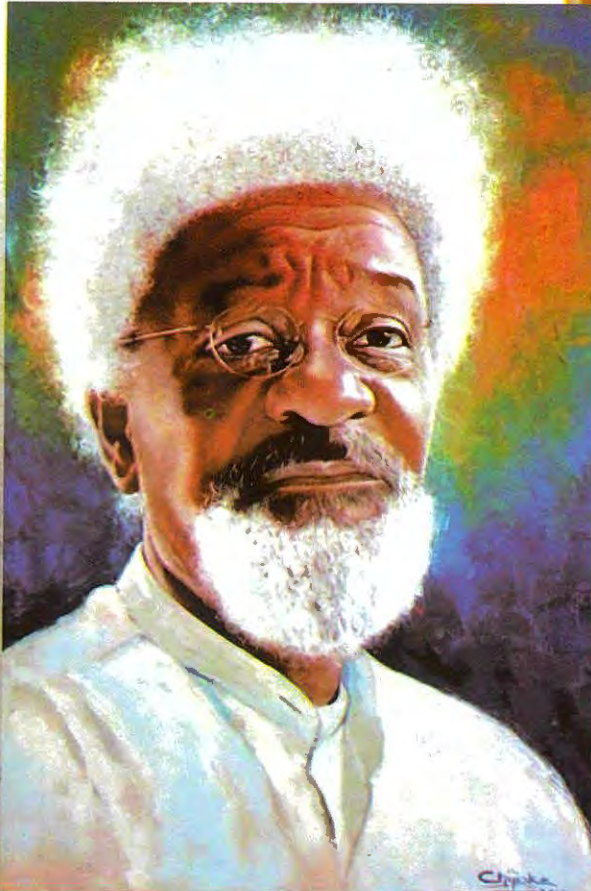
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Out from the **Easel** with Chijioke Eke

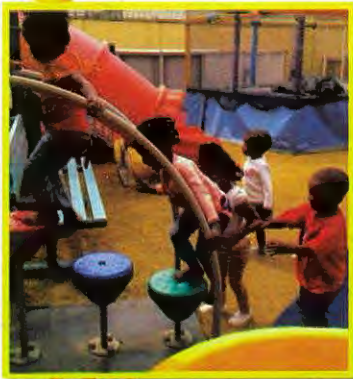
-Ohiemi Blessing

Chijioke Eke has been an artist, a natural artist right from time. As an artist, he is into drawing, painting, sculpture as well as wood carving. As a youth and just like any upcoming talented artist, he was confronted with so many challenges such as disapproval from teachers and discouragement from parents. His works of art were frowned at as instruments that would not take him far in life. He graduated from the University of Nigeria, Nsukka (UNN) with a B.A in Fine and Applied Arts. Today, he is a full time artist, making a lot of money with his artistic skills. He has a hobby as a Fine Arts teacher in Regina Pacis Girls' College in Abuja. He is happily married to Mrs Chinonye Eke.

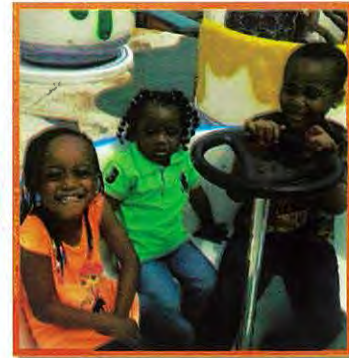




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Character and decency are very important values for every community. Unfortunately, society has a misplaced understanding of

the two. While character and decency are somewhat related, they are not the same. Also, while character is diversified among people, being decent doesn't change meaning.

Merriam-Webster defines character as the way someone thinks, feels and behaves; someone's personality. In other words, the attributes or features that make up and distinguish an individual. Everyone has character. People sometimes think of character as something a person has or doesn't have. Mostly, when someone says 'he/she has character', they mean he/she has a good character. We must recognize that everyone has character and understand that character is divergent among people

Good and bad character can be told apart through character traits or qualities. While good character is seen through positive character traits, bad character is recognized by the negative character qualities in a person. The old expression that actions speak louder than words is very true when it comes to character traits. One learns about who people are and what their character traits are by watching how they interact with the world and paying attention to the person they project as themselves. However, character is not personality

The key to discerning personality from character is time.

Personality is easy to read, we're all it. We can tell whom is bitter, immature, optimistic, saucy, domineering, etc. and who isn't. Character takes far longer to puzzle out. While character can be good or bad, personality is neither.

Decency is the quality of following accepted moral standards. It can also be defined as conformity to the prevailing standards of propriety, morality, modesty and so on.

Decency comes in many forms; the way you carry yourself, the way you talk, the way you dress and go about your daily activities. In every society, decency is a virtue, a quality that is widely looked at for. Sometimes being modest can be seen as being decent and the most important norm in communities would be to be seen as modest.

Because decency is a much sought after quality, families strive to teach their children either be decent or appear decent

in public. It is important to appear decent and society has made that even more important. In many African societies, it is necessary for individuals to wear the cloak of decency whether they like it or not. It is a norm and thus, is expected of everyone within such societies.

For Christians, decency is not just an expectation from the on-looking public but a requirement for Christian living. Let all things be done decently and in order, is a direction of infinite moment in all the concerns of religion, and of no small consequence in all the concerns of life. The manner of doing a thing is always of as much consequence as the act itself. Also, regularly, the act determines all its outcome and utility from the way in which it is performed.

John Kekes in his book, *The Art of Life* explains that decency could either be rule-following or character-forming. Rule-following decency is simply to conduct oneself according to the conventions of one's society.

It is akin to law abidingness. Rule-following decency is all on the surface. What matters is what is done, not why it is done, so rule-following decency can be hypocritical.

Character-forming decency is

essentially about one's reason for doing what conventions prescribe. People who are decent in this way accept conventions, are shaped by them and derive their ideals of a good life and part of their identity from them. Character-forming decency therefore, is deep. It is connected with what people are and want to be: it cannot be hypocritical.

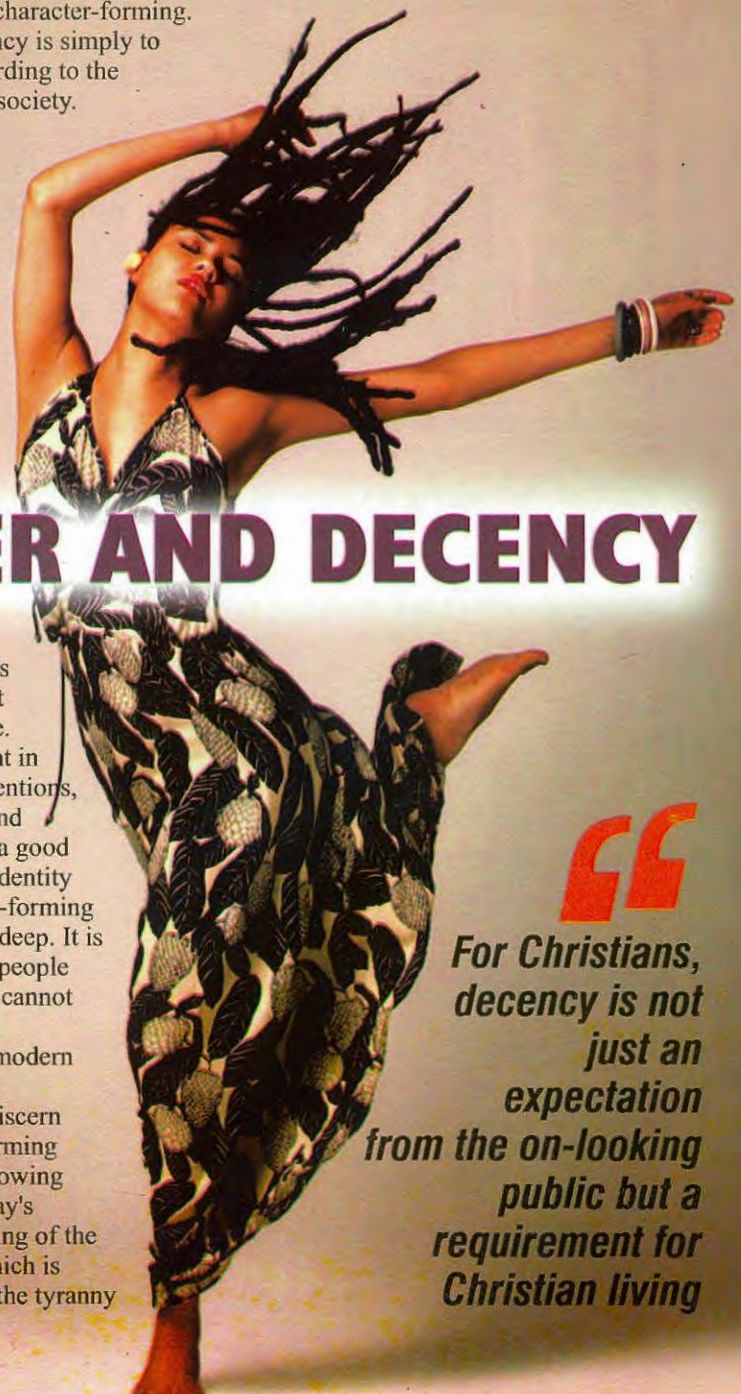
The trouble with modern sensibility is that it consistently fails to discern between character-forming decency and rule-following decency. We find today's millennials complaining of the tyranny of custom which is often times than not, the tyranny

of decency. This is because they do not want to conform to the demands of decency. Young people are not so happy when they have pleasures to gratify, and their character to support at the same time; and when the one or the other must give way, decency pleads for character, and is sometimes harkened to and sometimes not (Forbes, A. 1734)

Character works hand-in-hand with decency as the quality of seeing beyond the immediate to a deeper meaning in human interaction and expressions of behavior. Persons of character do not live for themselves or for the present. They live as models and leaders for a depreciating society.

-Dennis Jemima

CHARACTER AND DECENCY



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uniqueness of LIFE

Life in its uniqueness has different meanings to different set of people or as we might like to call them, school of thoughts. As a good friend once told me, life is about identity. "Life is the way you take it", another friend once told me. Since I understood a little about life, I have seen many aspects of it and I can theorize that life has an infinite number of ways of presenting itself to us. A few will be highlighted here, each in a paragraph.

According to astronomers, space travelers and those who study space and its entirety, we have parallel universes connected to each other by warm holes. This parallel universes are said to be vibrating at different frequencies and are said to have or not have similarities. This is showcased in various fictional films. To them, life has a way of unraveling itself each day. Sometimes, they see life as a complication each day they tend to see things in space that are complicated or not satisfactorily explainable. They even brought up the "Big Bang Theory" to explain the way our universe came to existence.

Physicists and indeed most scientists see life has being governed by certain laws, a few of which are: Law of gravitational attraction, law of magnetism, Gauss law, Boyle's law, Charles' law, Gay Lussac's law, among others. These laws were made laws in view of various evidences at that time, as such they had no exceptions as at the time they were proposed. As soon as we began to develop and evolve in recent years, there came complex situations in which those old laws do not effect their content. For instance, some of the

classical physics pertaining to electrostatics were proved wrong by Neil Bohr's model of the atom. We can effectively say the life of physicists and most scientist is based on changes.

Life has been given to us by God, our creator, but most (if not all) biological scientists detest this fact. Charles Darwin- who is regarded as the father of genetics did the same. He lost his faith in God when his daughter died. He asked that why would a loving God kill one of his creatures.

He came up with the theory of evolution. According to the tree he drew, he showed how evolution took place before man is formed- which was according to what he thought. He tried through that three to convince people that to become human you must have started from the level of a microorganism. That tells you the way biological scientists view life.

We have to live life not exist. We were created to solve problems that are around us, even with people around us. So, I urge you no matter

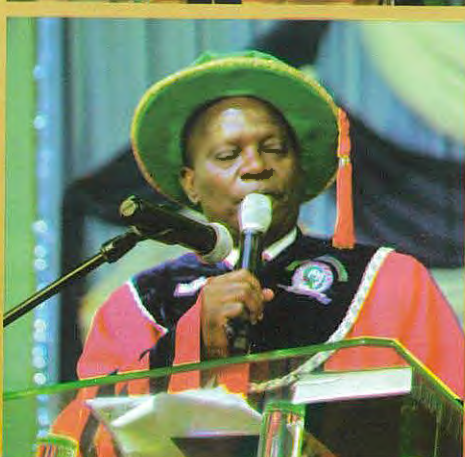
what your view of life is, make sure you SOLVE AT LEAST A PROBLEM PER DAY. Might be a general one, somebody else's problem but make sure you solve one. It makes the world a better place. To solve a problem your mentality has to change from ME TO WE.

**DO IT. DO IT RIGHT. DO IT RIGHT NOW.
SOLVE A PROBLEM TODAY.**

Yours in insight,
-Oluwadara, OLOYE.

So, I urge you no matter what your view of life is, make sure you SOLVE AT LEAST A PROBLEM PER DAY







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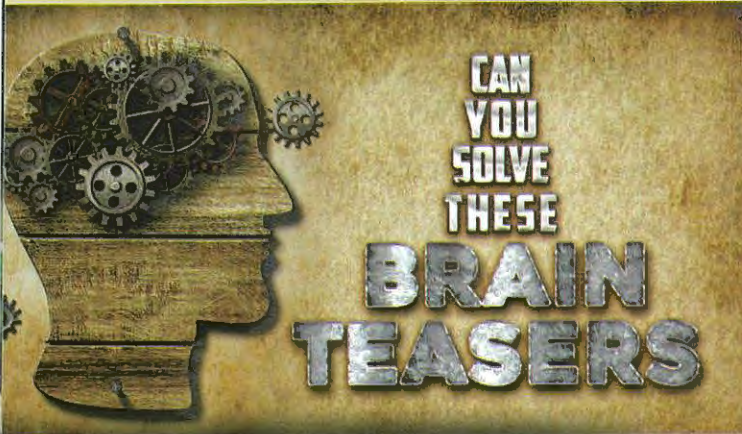
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- 1) What is deaf and dumb but always tells the truth?
- 2) How can you make the number one disappear?
- 3) How many months have 28 days?
- 4) The more you take, the more you leave behind?
- 5) What is greater than God, more evil than the devil, poor people have it, rich people need it, if you eat it, and you will die?
- 6) Paul's height is six feet, he's an assistant at a butcher's shop, he wears size 9 shoes, what does he weigh?
- 7) What kind of tree can carry your hand?
- 8) Which word in the dictionary is spelt incorrectly?
- 9) What gets broken without being held?
- 10) How many of each species did Moses take on the ark with him?
- 11) Imagine you are in a dark room. How do you get out?
- 12) Why can't a man living in the USA be buried in Canada?
- 13) Is it legal for a man to marry his widow's sister? Why?

ANSWERS

1) Mirror (2) Add a "G" - Gone (3) All months (4) Footsteps (5) Nothing (6) Meat (7) Palm (8) Incorrectly (9) Promise (10) None, Moses wasn't on the ark, it was Noah (11) Stop imagining (12) Why should a living man be buried? (13) No, it is not legal to get married if you are dead

9 Awesome Brainteasers with Answers to Rack your Brains

- (1) Tom's height is six feet, he's an assistant at a butcher's shop, and wears size 9 shoes. What does he weigh?
(Answer: Meat.)
- (2) Feed me and I live, yet give me a drink and I die Who am I?
(Answer: Fire)
- (3) What kind of room has no doors or windows?
(Answer: Amushroom.)
- (4) What gets broken without being held?
(Answer: A promise.)
- (5) What word describes a woman who does not have all her fingers on one hand?
(Answer: Normally people have half of their fingers on one hand. So she can be called a normal woman.)
- (6) What kind of tree can you carry in your hand?
(Answer: A palm)
- (7) Which word in the dictionary is spelled incorrectly?
(Answer: Incorrectly)
- (8) A girl who was just learning to drive went down a one-way street in the wrong direction, but didn't break the law. How is that possible?
(Answer: She was walking.)
- (9) If you have me, you want to share me. If you share me, you haven't got me. What am I?
(Answer: Secret)

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My name is **Vivian Uzor**. I am currently in 300 level studying Computer Science. I interned in the Technology division at Goldman Sachs in the Spring. The recruitment process was so rigorous that I had to invest long hours in preparation. Thankfully, I scaled all interview stages and got a spring offer. The internship was really intense because we had to soak-in a deluge of information in just two weeks, which is a really short time. I remember on the first day when we

had consecutive orientation sessions, we had to establish the presence of our schools (especially interns from Africa) when we asked questions; We'd say our names, courses of study and Schools while exuding a lot of confidence. Saying "I go to Covenant University, Nigeria" was different from hearing the usual Golden Triangle schools like Oxford University, University of Cambridge, which made it even more diverse.

We had networking sessions where we got the opportunity to meet other interns from across Europe and the Middle-east and the seasoned professionals who worked at the firm. Everyone was always friendly and ready to help. The internship to me was more of a learning experience than an assessment. I improved my time-management, teamwork skills and understood the role Technology plays at the firm. It was an entirely new experience that changed my life and I'd encourage other students in Covenant University to apply for next year's internship.



My name is **Ayomide Oyekanmi**, I study Computer Science at Covenant University. I recently interned with Goldman Sachs International, a Bulge Bracket investment bank, with a very intense recruitment process.

These internships always start with the initial online applications, but that's just the first hurdle. You proceed to have multiple interviews that determine if you're a good fit and if you'd add any value to the firm. Getting past these stages take immense preparation, and if you're religious, grace.

The first few days of the internship were mainly about getting bombarded with information- you get so much information! So here, the key is to always have a notepad and pen. We had presentations from different individuals from across the firm speaking to us about their work, their experiences, and how we, the interns, could make the best out of the opportunity we had earned. I will say, if anyone is deciding to apply for this internship, have a goal; you must have a goal, or you will be visibly aimless.

Into the internship, we were given tasks that required extensive research from all the resources at our disposal- the internet, internal articles, professionals across the firm and so on. It seemed like a lot of work at first, but deep into it, I just enjoyed the intensity of the learning curve. Plus, it's beautiful when you see the end result of your work; it was a situation of (continuously) 'learn and apply', which is something the education system in Nigeria can learn from.

I'd say my experience was about learning to be more solution-oriented – there are so many possibilities, because I mean, as a programmer, there's so much you can do if you can conceive it.

Kola Akeju
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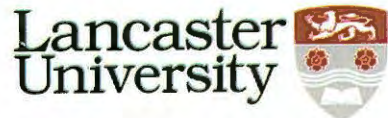
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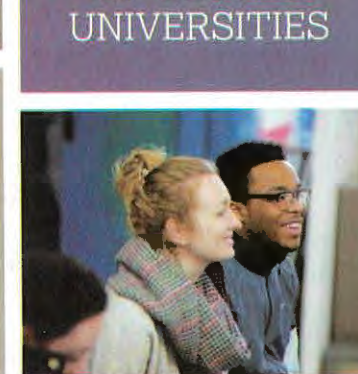
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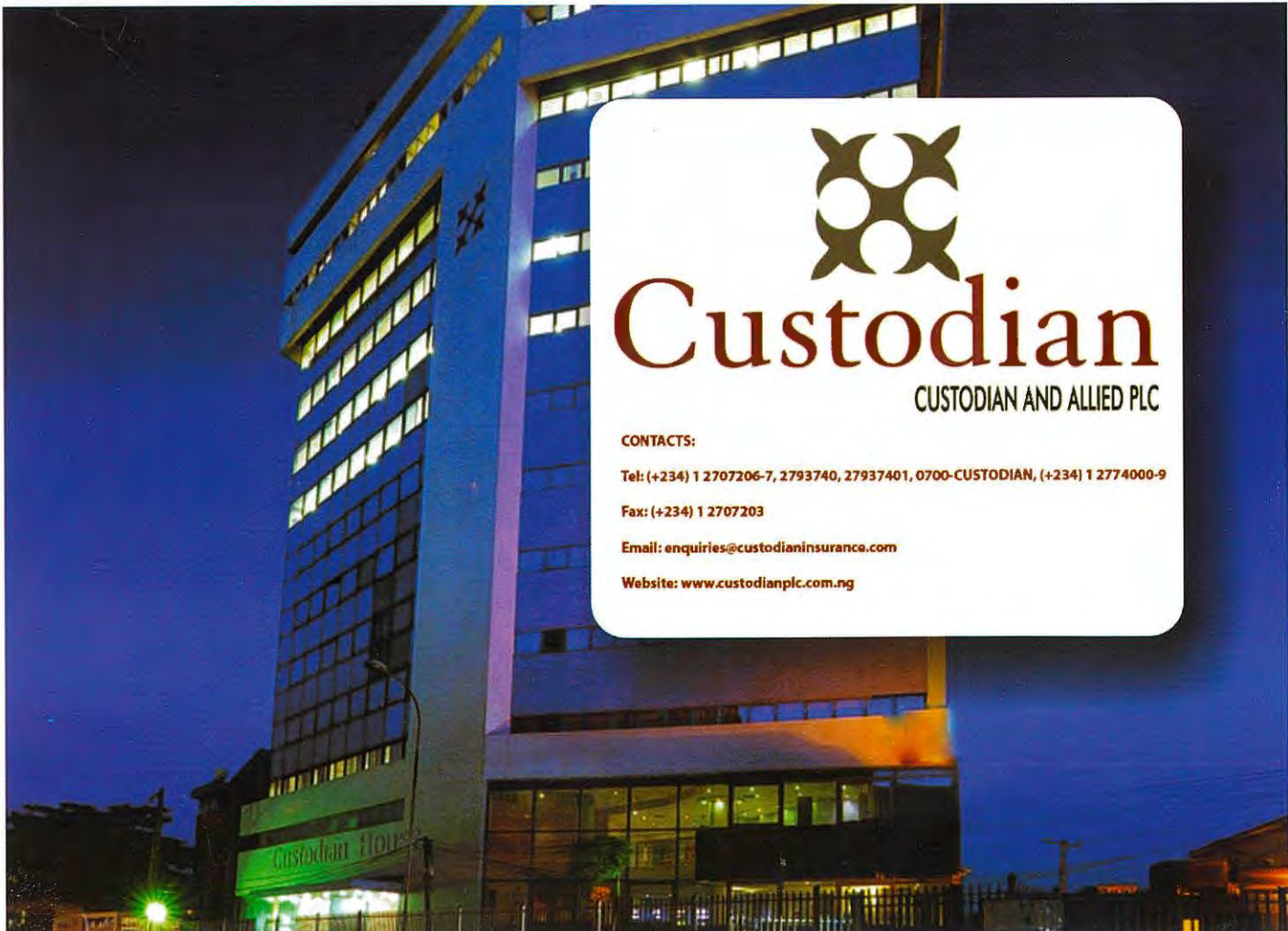
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DEGREE CLASSIFICATION SUMMARY

Programme	Number
PGD	31
M.Sc/M.A/M.Eng	220
MBA/MPA	15
Ph.D	35
Total	301



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ACCOUNTING

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- 4 AYININUOLA, Opeyemi C.
- 5 BEN-HIRKI, Wadi V.
- 6 CHIAZOR, Ifeanyi H.
- 7 EGBON, Omolola A.
- 8 FRANK, Shalom E.
- 9 ISAIAH, Oluwatosin J.
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- 13 OGUEJIOFOR, Anastasia O.
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- 15 OLUGBENGA, Temitope O.
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- 18 ISHOLA, Peace O.
- 19 IWETAN, Deborah O.



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- 20 KEHINDE, Olaide O.
- 21 KEHINDE, Temiloluwa O.
- 22 MIEJENE-POLLYN, Emmanuella .
- 23 MORENIKEJI, Oluwatosin O.
- 24 NJEMANZE, Rosemary O.
- 25 NWANNUNU, Chidera P.
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- 27 ODAWN, Daniel C.
- 28 OGAMBA, Chinwendu A.
- 29 OGUNBANJO, Adetola O.
- 30 OGUNGBAYI, Oluwaseun S.
- 31 OGWU, Eunice O.
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- 33 OLAWUYI, Adedayo S.
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- 38 UMUTEME, Evi O.

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Venue: Akoka, Lagos

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- 7 OKI, Mariam G.
- 8 OKOYE, Nkechi O.
- 9 OPARAH, Temple U.
- 10 SANTOS, Christiana S.
- 11 UMEH, Chinyere H.

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- 2 OMERE, Mercy E.

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- 37 OLANREWaju, Kofoworola A.
- 38 ONWU, Jemimah A.
- 39 ONYEGUKE, Chioma E.
- 40 ORIAREWO, Ebosetale J.
- 41 SAM, Blessing V.
- 42 TAIWO, Pelumi M.
- 43 UKOH, Esther E.
- 44 UZOAMAKA , Emmanuella C.
- 45 WILLIAMS, Oluwaseyitanfe F.
- 46 YUSUF, Immaculata O.

CLASS: Second Class Honours: Lower Division

- 1 ADEBIMPE, Modupe V.
- 2 AGUBA, Emeka E.
- 3 AKERELE, Ayomide S.
- 4 AKINTOBI, Oladayo O.
- 5 ANIDUGBELAPO-MACARTHY, Olakeji A.
- 6 BOLAJI, Kudirat O.
- 7 EPHRAIM, Emmanuel P.
- 8 FREGENE, Shalom B.
- 9 OKOLI, Victor E.
- 10 ONYEADOR, Chidere D.
- 11 USMAN-ADEJO, Grace E.

MASS COMMUNICATION

CLASS: First Class Honours

- 1 ADEBOYE, Oyinkansola T.
- 2 ADEYEMI, Precious T.
- 3 ARCHIBONG, Bright U.
- 4 ONAKOYA, Toluwanimi O.

CLASS: Second Class Honours: Upper Division

- 1 AGBALI, Blessing O.
- 2 AGEDAH, Dorcas Z.
- 3 AGHELEGIN, Ufuoma L.
- 4 AIYEPOLA, Oluwatomilola R.
- 5 AJUWON, Olaide O.
- 6 AKOR, Gloria E.
- 7 ALADEGBONGBE, Adeoluwaajoju O.
- 8 AMBUNGA, Lisa N.
- 9 ATTAH, Stella I.
- 10 DEJI-FOLUTILE, Blossom I.
- 11 FASORO, Adesola O.
- 12 IYAMU, Osamudiamé A.
- 13 MABAMIJE, Ibukunoluwa B.
- 14 MBAH, Chidumebi A.
- 15 OCHE, Joy O.
- 16 ODEY, Omonya R.
- 17 ODUNJO, Victoriana E.
- 18 ODUNUYI, Adebánke T.
- 19 OKEHIE, Chike R.
- 20 OKOJIE, Edose A.
- 21 OLADEGA, Isaac O.
- 22 SANNI, Olamide E.
- 23 SOFOWORA, Boluwatife O.
- 24 TOLUHI, Iyanuoluwa A.
- 25 UDOH, Victoria B.

CLASS: Second Class Honours: Lower Division

- 1 EMEJULU, Chinenye M.
- 2 ERAKPOR, Awwersuo E.
- 3 NWAUKWA, Chidinma E.
- 4 OBOH, Janet O.
- 5 ODILI, Chizoba S.
- 6 ONYEMERE, Akuoma C.

CLASS: Third Class Honours

- 1 AJAYI, Adeola O.
- 2 NTUK, Ruth M.

SOCIOLOGY

CLASS: First Class Honours

- 1 ADUBI, Elizabeth M.

CLASS: Second Class Honours: Upper Division

- 1 ABDULLAHI, Ayomide A.
- 2 ADENIRAN, Morenikeji F.
- 3 AGBAJE, Tomisin T.
- 4 ALADUM, Victoria A.



(UNDERGRADUATE) BY DEGREE CLASSIFICATION

- 5 AMA, Goodness A.
- 6 DANIELS, Eghonghon B.
- 7 EBOM, Sandra C.
- 8 EDISON, Joshua E.
- 9 EFFIONG, Anointing T.
- 10 ELOMA, Daniel C.
- 11 FASORANTI, Tiwalade O.
- 12 HOLUMIDEY, Praise B.
- 13 IWUOHA, Chisom S.
- 14 JOHN-OKPALA, Favour C.
- 15 OCHENI, Ojoache S.
- 16 OSINOWO, Oluwatosin T.
- 17 OWIGHO, Afoke B.
- 18 SABA, Oluwanifemi K.
- 19 SANNI, Miriam A.
- 20 SODIPO, Boluwatife E.

CLASS: Second Class Honours: Lower Division

- 1 AGBATEYINIRO, Jemine C.
- 2 AKINTOLA, Toluwalase J.
- 3 EMOH ROBINSON, Deborah O.
- 4 FAYOSE, Rogba M.
- 5 FEMI-AJIBARE, Oluwanifemi T.
- 6 INAH, Jesam U.
- 7 IYAMA, Oluwamayowa D.
- 8 OBIORAH, Anita C.
- 9 ODHOMO, Ogheneruona E.
- 10 ODUNAYA, Grace T.
- 11 OGBE, Jesse E.
- 12 OGUNYOLEMI, Dorcas O.
- 13 OKODOA, Victor O.
- 14 OLAJUBUTU, Aanuoluwapo R.
- 15 OPIA, Naomi D.
- 16 OYEJOLA, Anuoluwapo O.
- 17 SOTUNDE, Oluwabusayo C.
- 18 UDOYE, Gloria U.
- 19 VICTOR, Godwin E.

ENGLISH

CLASS: First Class Honours

- 1 OMOGBA DEGUN, Alexandra A.

CLASS: Second Class Honours: Upper Division

- 1 ADAMU, Bolajoko O.
- 2 ADEGBE, Janet U.
- 3 BABA, Edwina .
- 4 BASHIR, Titilola M.
- 5 EZEABA, Chinyere U.

- 6 EZECHUKWU, Angelique I.
- 7 GIWA, Omolola I.
- 8 OKPANACHI, Mercy E.
- 9 OLALAYE, Esther O.

CLASS: Second Class Honours: Lower Division

- 1 AGU, Judith C.
- 2 BASSEY, Joseph B.
- 3 EYESAN, Ofeoritse M.
- 4 MIMIKO, Opeyemi C.
- 5 NWEZE, Chinenye A.
- 6 OKONKWO, Onyedikachukwu K.
- 7 OLUFEMI-AKINKUGBE, Oreoluwa O.
- 8 OZUMBA, Chinyelum M.
- 9 ULIEM, Sandra K.

CLASS: Third Class Honours

- 1 AYEOMONI, Victoria K.
- 2 OGUNMOLA, Patricia O.

INTERNATIONAL RELATIONS

CLASS: First Class Honours

- 1 ELENWO, Pearl S.
- 2 HUSSAINI, Hadassah I.

CLASS: Second Class Honours: Upper Division

- 1 ABAYOMI, Taiwo T.
- 2 ADENIYI-JIMMY, Adenike L.
- 3 AIKOHI, Abigail O.
- 4 AJALA, Oluwatomi V.
- 5 AKERELE, Oluwakemi O.
- 6 BEKEE, Lenu M.
- 7 BOLUJOKO, Oluwatobiloba O.
- 8 DANGIWA, Helena E.
- 9 EDIALE, Osediogbeyen P.
- 10 EKPO, Edidiongabasi E.
- 11 ENE, Irene A.
- 12 EZEOKOLI, Ononife J.
- 13 FANNY-AMUN, Precious E.
- 14 HASSAN, Kaniya D.
- 15 IJALAYE, Taiwo O.
- 16 IRUAFEMI, Phebian D.
- 17 MADU, Onyinye J.
- 18 MAGBEGOR, Oghenenomevi I.
- 19 MGBO, Renee N.
- 20 NWANKWO, Chisanya N.
- 21 OBIDIEGWU, Ozioma A.

- 22 OBI-ODUNUKWE, Ijeoma R.
- 23 ODESANMI, Valentina A.
- 24 ODIDISON, Deborah N.
- 25 ODUKOYA, Aanuoluwa O.
- 26 OGAN, Josephine S.
- 27 OKE, Victoria O.
- 28 ONAKOYA, Temitope V.
- 29 ONIWIDE, Ruth O.
- 30 ONWULI, Nwannebuife O.
- 31 OPEYEMI, David-praise J.
- 32 OSAI, Jasmine C.
- 33 OSHODI, Moriam A.
- 34 OYEDEPO, Sarah .
- 35 PASEDA, Ayomikun P.
- 36 PRINCEWILL, Faama B.
- 37 SOREMEKUN, Oyinkansola O.
- 38 UNACHUKWU, Nnedi O.
- 39 UZOSIKE, Praise U.
- 40 ZUOKUMOR, Peremobere H.

CLASS: Second Class Honours: Lower Division

- 1 ADEMESO, Moses O.
- 2 AYENI, Oluwatosin C.
- 3 BADIRU, Timileyin B.
- 4 EKPUNOBI, Chijioke C.
- 5 EZE, Nkemdilim O.
- 6 OGBODO, Chioma S.
- 7 OJENIKE, Oluwatobi A.
- 8 OKEY-UDEJI, chidozie C.
- 9 OKIREMUTE-DUVIE, Oghenemaga E.
- 10 OLUGBEMI, Samuel B.
- 11 OYEDEMI, Oreoluwa S.
- 12 PAUL, Ikechukwu S.
- 13 TUGBEH, Roosevelt J.

POLICY AND STRATEGIC STUDIES

CLASS: First Class Honours

- 1 AMBROSE, Kuyik .

CLASS: Second Class Honours: Upper Division

- 1 ADEGOKE, Elizabeth A.
- 2 IGARIWEY, Iduma U.
- 3 KOLAWOLE, Oluwaseun R.
- 4 PAPKA, Rejoice W.

CLASS: Second Class Honours: Lower Division

- 1 AIMIENWAUU, Iguehi N.
- 2 AJOKU, Amarachi I.



(UNDERGRADUATE) BY DEGREE CLASSIFICATION

- 3 ALO, Hannah M.
- 4 ATULEGWU, David E.
- 5 FAMADEWA, Oluwaseyitan D.
- 6 FAPOHUNDA, Eniola M.
- 7 JOSEPH DOSU, Dimu S.
- 8 OGUNDEJI, Damilola H.
- 9 OKAFOR, Chukwuma A.
- 10 OLUWAFEMI, Joshua D.

CLASS: Third Class Honours

- 1 OKPANI, Lilian N.

POLITICAL SCIENCE

CLASS: First Class Honours

- 1 UDEGBE, Ifeoma R.

CLASS: Second Class Honours:

Upper Division

- 1 ADEBAJO, Oluwatumininu O.
- 2 ADINDU, Gloria I.
- 3 DABIRI-ADEJOBI, Oluwadamilola A.
- 4 EKONG, Ekemini J.
- 5 IGWE, Patrick I.
- 6 NWOYECHA, Usomma J.
- 7 OGUNREMI, Mary O.
- 8 OKOYA, Lateefah O.
- 9 ORAKPO, Wendy A.
- 10 POPO OLANIYAN, Oluwatamilore M.
- 11 UBANATU, Chiamaka M.

CLASS: Second Class Honours:

Lower Division

- 1 ATUBO, Oputiti S.
- 2 ATUCHUKWU, Blessing K.
- 3 EGEDE, Progress I.
- 4 EZE, Caleb C.
- 5 IJIOLA, Israel O.
- 6 NJEMANZE, Ebubechukwu J.
- 7 NWABUFO, Kosiso-chukwu J.
- 8 OGUNDIPE, Eniola F.
- 9 OMONUA, Judith I.
- 10 ONABOTE, Eniola E.
- 11 WILLIAMS, Itunu E.

CLASS: Third Class Honours

- 1 CHIGBU, Eunice C.
- 2 IKWUKA, Victor C.
- 3 OBAMOH, David F.

PSYCHOLOGY

CLASS: First Class Honours

- 1 CAST, Paul D.
- 2 DIKE-ISRAEL, Naomi A.
- 3 IDUWE, Henrietta O.
- 4 LALEYE, Oluwatofunmi A.

CLASS: Second Class Honours:

Upper Division

- 1 AGBI, Oghenefejiro O.
- 2 ALABI, Christianah O.
- 3 DADA, Bibilomo B.
- 4 FASHAKIN, Adebanks O.
- 5 FASHOLA, Oluwatoyosi A.
- 6 NWACHUKWU, Nkechinyere F.
- 7 OGUEGBE, Adaeze N.
- 8 OLARINDE, Deborah O.
- 9 OVO, Derby E.

CLASS: Second Class Honours:

Lower Division

- 1 ABRAHAM, Oluwadurotimi E.
- 2 ADENUGA, Moyosola M.
- 3 AIGBE, Naomi O.
- 4 AMADI-FRANK, Pamela C.
- 5 AYADI, Joy A.
- 6 BAWA, Samuel S.
- 7 ENIOLA-A, Boluwatife D.
- 8 KOLAWOLE, Oluwatosin O.
- 9 NKEMJIKA, Favour C.
- 10 OGAH, Enele J.
- 11 OGBEIDE, Hannah T.
- 12 OGWOLA, Sarafina .
- 13 OKUZU, Nneka N.
- 14 OLATUNJI, Bisola M.
- 15 ORUKPE, Obehi A.
- 16 OYATOKI, Babajide A.
- 17 TORIOLA, Temilade M.
- 18 UDOEKONG, Uduakobong S.
- 19 UZOUKWU, Chinonso J.

CHEMICAL ENGINEERING

CLASS: First Class Honours

- 1 ADETAYO, Adetoro O.
- 2 AKINSIPE, Oluwagbemisola D.
- 3 ARAUSI, Oghenefejiro G.
- 4 MEDAIYESE, Fiyinfoluwa J.
- 5 OBI, Sandra O.

CLASS: Second Class Honours:

Upper Division

- 1 ADEDAPO-AISIDA, Oluwafayokemi A.
- 2 ADEDOKUN, Samuel O.
- 3 ADESANMI, Adedoyin A.
- 4 ADEWUMI, Olanrewaju A.
- 5 AGHO, Osaze O.
- 6 AKINRINOLA, Oluwabusomi A.
- 7 APUGO, Uchenna M.
- 8 ARANONU, Chidumebi A.
- 9 ARINZE, Ann C.
- 10 DAVIES, Aina R.
- 11 DENIS-AKANO, Ugonma H.
- 12 EBOIGBE, Comfort E.
- 13 EGWU, Gabrielle N.
- 14 ELO-CHUKWUMA, Emeka B.
- 15 GBOLADE, Olushijibomi T.
- 16 IGHO, Blessing E.
- 17 KEN-ADELE, Godswill C.
- 18 NNAMAH, Chibuzor G.
- 19 NWAFOR, Charles C.
- 20 OBICHUKWU, Glory C.
- 21 ODIKA, Sopuruchukwu B.
- 22 OLANREWAJU, Omowonuola I.
- 23 OLOMO, Victor D.
- 24 OMOSANYA, Kayode S.
- 25 ONABAJO, Jeremiah O.
- 26 ONUORAH, Uchechukwu F.
- 27 UMANA, Uduakabasi V.

CLASS: Second Class Honours:

Lower Division

- 1 AKPAN, Uko B.
- 2 AMADI, Akarachi E.
- 3 CHUKWUEKEM, Ifeanyi C.
- 4 ODEDOYIN, Okiki A.
- 5 OKOYE, Chioma C.
- 6 USIFO, Obose R.

CIVIL ENGINEERING

CLASS: First Class Honours

- 1 ABIMBOLA, Oluwatimilehin D.
- 2 ADEMO, Enoch A.
- 3 ASEMOTA, Osato S.
- 4 FASANYE, Olaleke P.
- 5 JIM-GEORGE, Tekena E.
- 6 OGAH, Holister A.



(UNDERGRADUATE) BY DEGREE CLASSIFICATION

CLASS: Second Class Honours:

Upper Division

- 1 ABRAHAM, Chukwuebuka A.
- 2 AGOFURE, Erezi.
- 3 AKINBAMI, Christopher T.
- 4 APOOYIN, Bolaji Q.
- 5 AWOGBINDIN, Joshua O.
- 6 BADIRU, Oluwaseun O.
- 7 BORONI, Ahuouse.
- 8 CHIGERE, Cynthia C.
- 9 CHUKWUKA, Chidubem C.
- 10 DAYO-ODUKOYA, Jesufemi L.
- 11 EKPEKUREDE, Havilah U.
- 12 EMIKO, Marian O.
- 13 FRANCIS, Precious E.
- 14 KEHINDE, Oluwaseyi E.
- 15 KING, Victoria U.
- 16 MADUEKE, Justin C.
- 17 NWACHUKWU, Michael C.
- 18 OBATOKI, Joshua O.
- 19 ODEGA, Kenechukwu B.
- 20 OLUJIDE, Josiah A.
- 21 OLUNUGA, Gideon O.
- 22 SOLADOYE, Oluwatomisin T.
- 23 STEPHEN, Inimfon J.
- 24 UKPEBOR, Osahon E.
- 25 WAZIRI, Joy A.

CLASS: Second Class Honours:

Lower Division

- 1 ADEROBA, Adediran V.
- 2 AJIBOYE, Olawale P.
- 3 AKA, Ezinwanne C.
- 4 AKINYEMI, Temitope.
- 5 BANKOLE-BAWA, Gbolahan V.
- 6 EBOREIME, Ikhazuangbe O.
- 7 EMAKPORUENA, Onome G.
- 8 NWAKPADOLU, Chukwuma E.
- 9 OBAJULUWA, Ayotola J.
- 10 OKORO, Onyema U.
- 11 OKORONKWO, Valentine N.
- 12 OKWUOBASI, Louis I.
- 13 OLAJIDE, Oladapo I.
- 14 O'ODOH, Adindu B.
- 15 OREPEKAN, Oluwatobi O.
- 16 UTTI, Xavier I.
- 17 WOJUOLA, Oluwatobi T.
- 18 YALWA, Lily.

COMPUTER ENGINEERING

CLASS: First Class Honours

- 1 ARIYIBI, Princess A.
- 2 EVBUOMWAN, Anthonia A.
- 3 IRIOGBE, Eromosele I.
- 4 JOKOTOLA, Temiloluwa I.
- 5 OFIEBOR, Nkem J.

CLASS: Second Class Honours:

Upper Division

- 1 EBOH, Chinemelum D.
- 2 NZEAKOR, Chimdinna N.
- 3 OBIANAGHA, Ogochukwu A.
- 4 OKON-OTOYO, Antai V.
- 5 OKOUGBO, Ibhadogiemu E.
- 6 ONOKURHEFE, Arhome F.
- 7 SALISU, Adedamola K.
- 8 SHODIPO, Samuel O.
- 9 UGWUJA, Peace I.

CLASS: Second Class Honours:

Lower Division

- 1 ELUWA, Chukwudi G.
- 2 ELUWANDE, Abayomi D.
- 3 ETTA, Joy O.
- 4 MAKANJUOLA, Tolulope S.
- 5 OBOZEKHAI, Daniel.
- 6 OLADIMEJI, Tomiwa S.
- 7 OMODO, Oghenekome O.
- 8 ONASANYA, Oladunni Y.
- 9 OYETOYAN, Oluwaseun S.
- 10 YOYWIN, Deborah O.

CLASS: Third Class Honours

- 1 KINGSLEY, Chimankpam J.
- 2 UGHU, Osemudiamhen M.

ELECTRICAL AND ELECTRONICS ENGINEERING

CLASS: First Class Honours

- 1 ADEYEMI, Blessing O.
- 2 AHWIN, Oghenerukevwe E.
- 3 AJULIBE, Akachukwu B.
- 4 AMADI, Nathaniel E.
- 5 AWOLALU, Omoseye D.
- 6 CHUKWUMA, Onyinyechi C.
- 7 EGBO, Chinaza E.
- 8 ELEGBERUN, Olugbenga D.
- 9 IWEANYA, Veronica C.
- 10 LADENEGAN, Olasunade O.

- 11 LIKINYO, Oluwatosin D.
- 12 NDUKWE, Samuel C.
- 13 NNADI, Nnedimkpa S.
- 14 OJOKOJO, Esther I.
- 15 OKOROAFOR, Efurur J.
- 16 ONYEAKAGBU, Bethel A.
- 17 OPUTA, Rhema A.
- 18 SHITTU, Oluwatomi D.
- 19 UDOH, Toro-obong O.
- 20 WAKA, Oscar C.

CLASS: Second Class Honours:

Upper Division

- 1 ADA-GREEN, Iboromam C.
- 2 AJAEGBU, David C.
- 3 AJJOLA, Oluwaseun I.
- 4 AKPABIO, Uwakmfon M.
- 5 ANYIM, Joshua C.
- 6 DOMO-SPIFF, Ebinabo E.
- 7 ESU, Edidiong O.
- 8 FERGUSON, Osabhi E.
- 9 LANRE-OYEBOLA, Alero D.
- 10 MBAMALI, Diviine - favour I.
- 11 NKWOCHA, Matthew O.
- 12 NWOKEDI, Kenechukwu C.
- 13 NWOKOCHA, Eden V.
- 14 OGUNEDO, Kingsley C.
- 15 OSUAGWU, Wisdom C.
- 16 SODIYA, Deborah O.

CLASS: Second Class Honours:

Lower Division

- 1 AFRICA, Charles O.
- 2 AGANBI, Oghenegare.
- 3 ALICHE, Clever C.
- 4 ALLEN, Oloruntobiloba M.
- 5 ANAMETEMFIOK, Fredrick T.
- 6 CHIOMA, Chukwuemeka C.
- 7 EGUN, Nicholas I.
- 8 FEYISITAN, Oluwatobiloba A.
- 9 NWUNE, Ifeanyi G.
- 10 OBI, Jeffrey E.
- 11 OMA-WILKIE, Eyimofe E.

CLASS: Third Class Honours

- 1 OYEWUMI, Israel O.



(UNDERGRADUATE) BY DEGREE CLASSIFICATION

INFORMATION AND COMMUNICATION ENGINEERING

CLASS: First Class Honours

- 1 DONGO, Yannick M.
- 2 EZEIRU, Crystal I.
- 3 MOLOKWU, Chijioke C.
- 4 OBBA, Paschal C.
- 5 UDOYE, Ifeoma V.

CLASS: Second Class Honours: Upper Division

- 1 AKINTOMIDE, Boluwatife M.
- 2 ENECHI, Gift C.
- 3 EVWODERE, Jane O.
- 4 KEZI, David A.
- 5 NNAKENYI, John C.
- 6 OGOR, Naomi T.
- 7 OKECHUKWU, Brian D.
- 8 OKHANIGBE, Sebastian I.
- 9 OKORJI, Chikeluba F.
- 10 OKPONGETE, Faith D.
- 11 ONUGHA, Uchechukwu M.
- 12 OSANYIN, Oluwapelumi G.
- 13 OWONIYI, Adedoyin J.
- 14 OYELEYE, Esther E.
- 15 SOBOWALE, Simisola O.
- 16 TURAKI, Ezekiel Z.
- 17 UDUMA, Cynthia E.
- 18 YAMAH, Raymond O.

CLASS: Second Class Honours: Lower Division

- 1 ADEYI, Folakemi V.
- 2 AJAYEOBA, Emmanuel S.
- 3 ALIYU, Emmanuel A.
- 4 AMACHREE, Alfred T.
- 5 ARIEMUDUIGHO, Ejiroghene O.
- 6 AZIKEN, Emmanuella U.
- 7 BALOGUN, Oluwafemi O.
- 8 IPINMISHO, Oreoluwa O.
- 9 MADUWUBA, Emmanuel U.
- 10 MARTINS, Ibukunoluwa I.
- 11 NWOFOR, Charles E.
- 12 OFFIA, Ebubechukwu C.
- 13 ORAKWE, Ganiru M.
- 14 OYEDELE, Oyinoluwa P.
- 15 TURNAH, Peace N.
- 16 UMUNNA, Osemedua A.
- 17 UWAGBALE, Queenet O.

CLASS: Third Class Honours

- 1 JOHNSON, Olatunbosun O.

MECHANICAL ENGINEERING

CLASS: First Class Honours

- 1 ABIOYE, Oluwatomi T.
- 2 ACHIUGO, Somtochukwu E.
- 3 ADEKANYE, Moromoke T.
- 4 ADEMUYIWA, Oluwajuwon D.
- 5 AKINROWO, Foluso O.
- 6 AMELI, Emmanuel P.
- 7 ASAGBA, Charles O.
- 8 IK-OBAZEE, Daniel O.
- 9 MOZEA, Kenechukwu P.
- 10 NWOKOROBIA, Chukwuma E.
- 11 OBON, Ubong U.
- 12 ONYENMA, Favour A.
- 13 OPOKO, Ekele B.
- 14 OWOKA, Sijibomi I.
- 15 SOLOMON, Roy O.
- 16 USEH, Oghenefegor O.
- 17 YEBISI, Boluwatife O.

CLASS: Second Class Honours: Upper Division

- 1 AGHEDO, Osaze A.
- 2 AKPOVESO, Akomere P.
- 3 CHINEDU, Somtochukwu D.
- 4 FAGBEMI, Oluwagbeminiyi K.
- 5 FASHOLA, Oluwatosin J.
- 6 FASHOLA, Oluwatoyin J.
- 7 IHEANACHO, Victor N.
- 8 IKISE, Oghenemarho P.
- 9 JALANI, Ndana N.
- 10 NDUKA, Emmanuel C.
- 11 OFO, Chibuikem E.
- 12 OLAJIDE, Damola M.
- 13 OLOTU, Nehemiah O.
- 14 OMOLOJA, Ayooluwatomiwa M.
- 15 OMOWA, Olasubomi F.
- 16 ONYENYEONWU, Chuma M.
- 17 OYEKANMI, Adedayo O.
- 18 UMAHI, Chidi V.

CLASS: Second Class Honours: Lower Division

- 1 AKHABUE, Uche U.
- 2 CHEJIEH, Jesse C.
- 3 DAN-JUMBO, John A.
- 4 IYOKA, Kenneth O.
- 5 MONDAY, Kingsley E.

- 6 OMU, Omoiroro I.
- 7 TUOYO, Jeolayemi O.
- 8 UKENE, Daniel E.

CLASS: Third Class Honours

- 1 FAGOSTINE, Fergus .
- 2 NWOYE, Mcanthony O.

PETROLEUM ENGINEERING

CLASS: First Class Honours

- 1 ATIVIE, Happiness I.
- 2 OYE, Ebuka V.
- 3 SAM-MARCUS, Jethro J.
- 4 UMA, Joshua A.

CLASS: Second Class Honours: Upper Division

- 1 ABDULAZEEZ, Bolaji O.
- 2 ABOLARIN, Anuoluwapo J.
- 3 ADESHINA, Adewumi R.
- 4 ADETOKUNBO, Kayode O.
- 5 ADEWUYI, Daniel A.
- 6 AGBATOR, Shedrack .
- 7 EDOMARUSE, Fortune I.
- 8 EKELEDO, Ifeoma F.
- 9 ELO-CHUKWUMA, Chike P.
- 10 EMORDI, Jessica C.
- 11 ETIM, Emmanuel L.
- 12 IFENWEMBI, Kelechi W.
- 13 OLAOSEBIKAN, Toluwalope O.
- 14 ONOKWAI, Elizabeth O.
- 15 ORAMABO, Daniel O.
- 16 ORIOLA, Opedamola E.
- 17 UHEGBU, George C.
- 18 UNUAVWODO, Oghenefega E.

CLASS: Second Class Honours: Lower Division

- 1 AYEWOH, Carla O.
- 2 NDOMA-EGBA, Stanley .
- 3 OYEFESO, Ayodeji O.
- 4 UBAKA, Munachi S.
- 5 UZOMAH, Peniel O.

ARCHITECTURE

CLASS: First Class Honours

- 1 ADEDAPO, Inioluwa D.
- 2 ADEDIRAN, Ayomide V.
- 3 AHANONU, Marvit I.
- 4 CHILAKA, Daphne A.
- 5 EPHRAIM-OSUNDE, Esther O.



(UNDERGRADUATE) BY DEGREE CLASSIFICATION

- 6 MEDUA-UGEH, Somtochukwu .
- 7 MORONFOLU, Oluwatoyin T.
- 8 NTAJI, Anor-Ishor T.
- 9 OGUNNUBI, Titilope V.
- 10 ONAKOYA, Adefisola O.
- 11 TANIMOLA, Oluwaseeto A.
- 12 UKAEGBU, Chidinma O.
- 13 UKWEDEH, Joshua O.
- 14 YAKUBU, Paul O.

CLASS: Second Class Honours: Upper Division

- 1 ADEGBAJU, Eunice A.
- 2 ADEWUYI, Olorunfemi O.
- 3 ADIGUN, Tomilayo F.
- 4 AJAI, Adekunbi I.
- 5 AJISEGIRI, Henrietta Olamide Y.
- 6 AKANDE, Queen-esther O.
- 7 AKINKUNMI, Priscilla O.
- 8 AKPAN, Gloria E.
- 9 AKPOIRORO, Glory E.
- 10 CHUKU, Emmanuel O.
- 11 IYKE-OSUJI, Angel E.
- 12 MAKINDE, Ifeoluwa D.
- 13 NELSON, Sonia E.
- 14 OGUNBONA, Kofoworola A.
- 15 OKONOBOR, Joshua A.
- 16 ORIMOLOYE, Moyinolorun T.
- 17 OTI, Marvelous O.
- 18 UDEZI, Benjamin E.

CLASS: Second Class Honours: Lower Division

- 1 ADEBARA, Iyanuoluwanimi S.
- 2 ADEBOYE, Obadoluwami D.
- 3 ADENIYI, Ifedayo E.
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- 7 OPEYEMI, Isaac-laughter O.
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CLASS: Third Class Honours

- 1 ILESANMI, Jesutoni J.

APPLIED BIOLOGY AND BIOTECHNOLOGY

CLASS: First Class Honours

- 1 ADEKUNLE, Adedoyin R.

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- 4 ISRAEL-OVIRIH, Sandra O.
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- 7 ONYIDO, Blessing C.
- 8 OYINBO, Atinuke G.
- 9 SADIQ, Ajoke T.

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- 3 AGBONIGHALE, Emmanuel O.
- 4 ALIYU, Oluwayemisi G.
- 5 FAKOYA, Ademijju K.
- 6 NWAONUMAH , Kingsley E.
- 7 OGUNNUBI, Daniel T.
- 8 OKECHUKWU, Emeka S.
- 9 OMAGHOMI, Oritseweyinmi E.
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- 3 AKINRINOLA , Anjolaoluwa A.
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- 5 AKPATA, Osayande P.

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- 3 OLUSEYE, Oreoluwa R.
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- 6 OKE, Oluwaseunnlafunmi A.
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- 5 DANİYAN, Victor J.
- 6 DOSUNMU, Moyosore D.
- 7 ELEKWACHI, Amarachi E.
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- 9 ERINLE, Yimika D.
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- 11 FAKOWAJO, Dolapo O.



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- 12 JEIYOL, Terrence M.
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- 18 OJOBARO, Tomiwa H.
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- 21 SHAMAKI, Shunanum J.
- 22 UKEGBU, Ugomma O.

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- 8 ODEDE, Towojesusun D.
- 9 OJEIFO, Joanne I.
- 10 ONU, Amaka A.
- 11 OYEKU, Olusola P.

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- 2 EDOMARUSE, Peace O.
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- 12 NWOSISI, Geraldine E.
- 13 OBASA, Olumide P.
- 14 OBOH, Sarah .
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- 17 OGUNDIRAN, Oluwatomilola O.
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- 19 OLATUNDE, Godwin O.
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- 28 ROBERTS, Olatubosun M.
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- 31 TAIWO, Adebola E.
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- 33 UWAOMA, Victory C.

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- 6 EZEH, Cynthia C.
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- 8 IFEANYICHUKWU, Dumebi E.
- 9 IIEKHUAMEN, Rex I.
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- 11 MAC EZE, Chijioke M.
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- 17 UMEOHABIKE, Victor O.

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- 10 EKANEM, Otuekong D.
- 11 EMAH, Bright U.
- 12 ETEFIA, Odudu I.
- 13 MOMOH, Great E.
- 14 MONYE, Chisimba S.
- 15 NWABUZOR, Chiamaka .
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- 11 SHOKUNBI, Adebowale O.

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- 3 CHUKWUNETA, Emmanuel N.
- 4 EDE-AGEGE, Enaite S.
- 5 NWAGU, Praise .
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- 3 SHADA, Oluwatosin B.

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- 7 OLOWOLAFE, Anthonia T.
- 8 ORLU-MAKELE, Ogbonda T.
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- 2 EJIOGU, Ikechukwu J.
- 3 NDIOMU, Manuella O.

CLASS: Second Class Honours: Lower Division

- 1 GABRIEL, Edidiong

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- 1 ETETE, Blessing I.
- 2 NOIKI, Funmilola R.

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- 1 ADEBAYO-LATEEF, Adekunle U.
- 2 ANAGOR, Jennifer C.
- 3 ARERE, Ephraim uzezi A.
- 4 CHINWUBA, Douglas E.
- 5 EYO, John U.
- 6 JOHNSON, Oluwaseun L.
- 7 OKUNBOR, Gift E.

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- 2 UCHEGBU, Andrew C.

INDUSTRIAL PHYSICS-ELECTRONICS AND IT APPLICATIONS

CLASS: Second Class Honours: Upper Division

- 1 ADAKO, Oluwagbemiga E.
- 2 ALLISON, Chukwuemeka E.
- 3 FAMUWAGUN, Ayodeji J.
- 4 LADELE, Olawumi A.

- 5 NWOYE, Chukwuebuka D.
- 6 OYENIRAN, Fumbi T.

CLASS: Second Class Honours: Lower Division

- 1 ATUCHUKWU, Chinemerem P.
- 2 EBAREKOR, Daniel E.
- 3 NNORUKA, Chukwuebuka J.
- 4 OKUNDIGIE, Osarode J.
- 5 OZONYIA, Charles C.

INDUSTRIAL PHYSICS-RENEWABLE ENERGY

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- 1 OKORO, Uzoamaka P.

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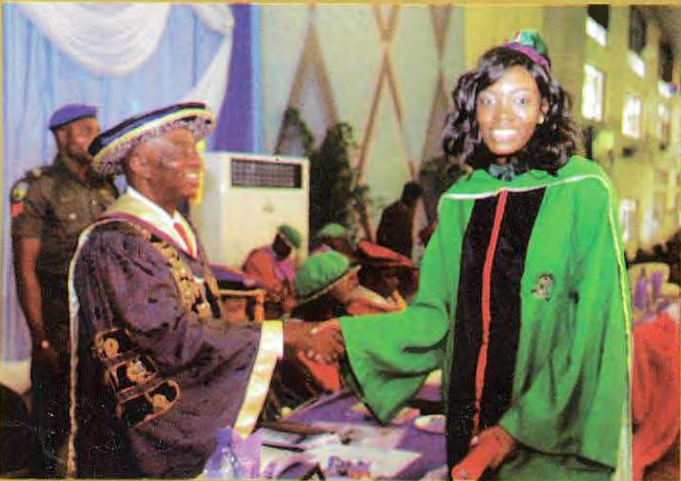


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07010629176



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Winners and CU
branded items

STUDENTS TURN UP AT FSP PLANNED JAMBOREE



The Faculty Support Programme of Covenant University organised an open air jamboree meant to give staff and student an avenue to connect in a playful environment.

The event which took place at the front of Cafeteria 1 on Friday had a massive turn out of students who came to relax and be entertained.

To start the programme, the MC, Ebuka the Finest, picked a student from the crowd to take the opening prayer before inviting the first set of dancers, Spirit, Soul and Body.

After a short session of dancing inspired by the DJ's trail of music, a representative of GlaxoSmithKline - GSK came to the floor to talk to the audience about prostate cancer; its cause, symptoms and methods of prevention.

Later, the MC introduced two other dance groups and the drama unit to entertain the staff and students in attendance.

Following the drama was a rap battle. Ebuka the Finest asked members who thought they were good freestyle rappers to come up stage and battle against already established rap battle champions.

After four rounds of battle, Fortress and Toxic emerged as the winners of the final round in a draw.

Before the programme came to a close, there was another session of dancing which featured most of the students a few FSP members.

The Jamboree ended at 30 minutes past eight pm leaving a lot of students feeling excited and a few of them sad at the end.

Some of the staff in attendance include FSP members, Dr Rotimi of petroleum engineering department, Dr Igbokwe of Psychology department and Mrs Victoria from the Student Affairs department.

-Dennis Jemima

TOP TEN OLDEST ACTORS IN NIGERIA



1. Olu Jacobs

Oludotun Baiyewu Jacobs (born 1942) popularly known as Olu Jacobs was born to parents from Egba Alake, spent his early childhood in Kano. His massive impact in the Nollywood industry can never be over emphasized as he has starred, produced and directed so many films both locally and internationally. He has also trained at the Royal Academy of Dramatic Arts in London, England. He has starred in over 120 Nollywood movies and still counting. He is happily married to legendary actress Joke Silva.

2. Sam Loco Efe

Sam Loco Efe (25 December 1945 – 7 August 2011), born Sam Loco Efeimwonkiyeke in Enugu, was a Nigerian actor and director. He is undoubtedly one of the most talented actors in contemporary theater. His first experience with acting was at his school when a theatre group came to stage a play called The Doctor In Spite of Himself, afterwards he discussed with members of the group about the theatre and performance arts. His popularity started in Benin in 1968 where he formed the Overamwem National Theatre Group (ONTG). In Hotel De Jordan Sam Loco Efe played one of the lead characters called Picado Suberu. In fact many of the rising stars in Nollywood still attribute their inspiration to the late veteran actor who passed on at the age of 66. Sam Loco Efe featured in many Nollywood movies.

3. Pete Edochie

Pete Edochie (born 7 March 1947) is a Nigerian actor. Edochie is considered one of Africa's most talented actors, by both Movie Awards and Movie Magic's Africa Magic Cable network. Although a seasoned administrator and broadcaster, he came into prominence in the 1980s when he played the lead role of Okonkwo in an NTA adaptation of Chinua Achebe's all-time best-selling novel, Things Fall Apart. Edochie descends from the Igbo people in Nigeria and is a Catholic, he has starred in over 100 Nollywood movie.

4. Alex Usifo

Alex Usifo Omiagbo was born on April 16, 1953 in



Ewohimi, Nigeria. He is a veteran actor and movie producer who has starred in many Nollywood movies. In 2012 Achievers International University and Seminary, Spain in conjunction with Action Word Educational Services, Lagos, honoured the veteran actor and movie producer with a doctorate degree in recognition of his excellence in artistic performance in the entertainment industry. Usifo, who hails from Edo State, holds Msc in Social Work from Ladoko Akintola University of Technology, Ogbomoso and is currently a doctorate student of Information Resources Management, Babcock University, Ilishan-Remo, Ogun State. His journey into the world of theatre and screen started in the early '70s when he was appointed as operations assistant at N T A Benin

(camera/audio manager). He has since risen to one of the brightest 'A' List actors on the continent of Africa. He has featured in well over 100 films amongst Silent night, Who will Tell the President?, Civil Army, Dangerous Sisters, Cross & Tinapa, End of the Wicked, Endtime, Executive Decision, The Last Option, Extra Time, Final Point 2, Armageddon King, Gods of Liberation, Dogs Meeting and so many blockbuster movie.

5. Sola Fosudo

Sola Fosudo (born 1958) is a Nigerian prolific dramatist, scholar, critic, film actor and director. Sola hails from Lagos State. He was trained as a dramatist at Obafemi Awolowo University and University of Ibadan where he obtained a Master of Art degree in drama. He has featured and directed several Nigerian films. He is the head of the Department of Theatre Art, Lagos State University and the University's director of information. He has numerous Nollywood films to his credit.

1. AKON

AKON born April 16 1973 (aged 44) is an American singer, rapper, songwriter, businessman, record producer and actor of Senegalese descent. He rose to prominence in 2004 following the

release of "LOCKED UP", the first single from his debut album TROUBLE. He has since founded two successful record labels, KONVICT MUSIK and KON LIVE DISTRIBUTION. His second album, KONVICTED received three nominations for the Grammy Awards in two categories. He has more than 35 million collections sold around the world. He has won various awards including five Grammy Award selections and has 45 Billboard Hot 100 songs added to his repertoire. He sits at the top of the list as the RICHEST AFRICAN MUSICIAN for 2017 according to Forbes Africa.

6. Richard Mofe-Damijo

Richard Mofe-Damijo (popularly known as RMD, born 6 July 1961) was born in Aladja community of Udu Kingdom and former Commissioner for Culture and Tourism in Delta State. He is an outstanding actor with an award in the African Movie Academy in 2005. Mofe-Damijo took part in a television soap opera called Ripples in the late 80's. Before then, he had a stint with Concord Newspapers and Metro Magazine as a reporter. Out of Bounds was the first film for which he received a writer/producer credit. Mofe-Damijo was married to the late May Ellen Ezekiel, a foremost Nigerian journalist popularly known as MEE. After MEE's death in 1996, Mofe-Damijo married again. He has four children and has appeared in numerous Nigerian movies.

7. Nkem Owoh

Nkem Owoh is a Nigerian actor and comedian. He won the African Movie Academy Award for the best actor in a leading role. Owoh studied engineering in the University of Ilorin, already during his university studies he already started acting in various television and film productions. Nkem Owoh has starred in so many Nollywood videos.

8. Zack Orji

Zachee Ama Orji, born in Libreville, Gabon in the 1960's is a Nigerian actor, director, producer and film maker. Having grown up in Cameroon, Benin and Togo, he speaks both English and French fluently. He had his first movie in 1991 and was entitled Unforgiven Sin. Zack has starred in different Nollywood movies and is now a legend. He is married to Ngozi Orji and have three children and lives in Nigeria.

9. Kanayo O. Kanayo.

Anayo Modestus Onyekwere (popularly known as Kanayo O Kanayo, born March 1st 1962 in Mbiase, Imo state in Nigeria). In 2006 he won the African Movie Award for best actor in a leading role.

In 1992, he made his debut film appearance in the film Living In Bondage. He has starred in over 100 movies. He is currently a United Nations Ambassador and bears the title of MFR.

10. Justus Esiri

Justus Esiri (November 20, 1942 - February 19, 2013) was a veteran award winning Nigerian actor, generally considered to be one of the pillars of Nollywood with an acting career that goes way back to the 1960s. He came into prominence for his role in popular Nigerian Television Authority TV-series The Village Headmaster and the film adaptation of Chinua Achebe's book Things Fall Apart. Declared as one of the strong men of the African film industry, Justus Esiri has indeed earned his fame. He attended Urohobo College and later went to Germany to study engineering where he developed an interest for theater. Thus he began his acting career on stage in Germany. He was the only Nigerian male performing on stage in the years 1968/69. He also worked for voice of Nigeria VON, German Service as a translator.



2. DJ Dark COFFEE, SOUTH AFRICA

The multi-grant winning craftsman's genuine name is Nkosinathi Maphumulo. He was conceived in South Africa's home music region, KwaZulu-Natal (KZN) and





brought up in the Eastern Cape area, where Nelson Mandela hailed from, before moving back to KZN to study music.

3. HUGH MASEKELA, SOUTH AFRICA

Hugh was conceived in Witbank, east of Johannesburg. He has discharged more than 43 collections and performed with Marvin Gaye, Dizzy Gillespie, The Byrds, Fela Kuti, Paul Simon, Stevie Wonder and Miriam Makeba.

4. DON JAZZY, NIGERIA

Don Jazzy is positioned fourth wealthiest in Africa and furthermore first in Nigeria. In the same way as other craftsmen, his genuine name is Michael Collins Ajereh, and he began playing music as a youngster in chapel before moving to the UK to seek after his profession.

5. TINASHE, ZIMBABWE-AMERICAN

Tinashe was a tyke display by the age of three. The twenty-four-year-old sang before she could talk and showed up in 2000 in the film *Cora Unashamed*. Her voice likewise featured in the cartoon highlight film *The Polar Express* close by Oscar-winning on-screen character, Tom Hanks.

6. JIDENNA, NIGERIAN-AMERICAN

By the age of 10, Jidenna Theodore Mobisson knew he needed to do music however was reluctant to advise his dad who needed him to be a designer. He is positioned 6th as per *Forbes Africa*.

7. WIZKID, NIGERIA

Wizkid is ostensibly right now the uncrowned ruler of African music. Grammy Award-winning craftsman, Alicia Keys and spouse Swizz

Beatz, moved to his melodies Ojuelegba and Caro, with Keys posting a video on her Instagram account with the subtitle, "This tune makes me upbeat". Kylie Jenner additionally posted a video of herself moving to Wizkid's music on Snapchat.

8. DAVIDO, NIGERIA

Davido has guaranteed a high status in only five years. He said it was individuals like P-Square and D'Banj who made him trust this was conceivable. He ended up plainly well known for his generally acclaimed 2012 introduction collection "Omo Baba Olowo".

9. SARKODIE, GHANA

Michael Owusu Addo begun as an underground rapper and through the assistance of Duncan Williams, his previous chief, his profession was propelled. Remaining consistent with his character, he is a major promoter of Azonto, a Ghanaian kind that is said to have been conceived out of Kpanlogo, a conventional move. His initially single off his fourth album, MEWU, sold just about 4,000 duplicates on the main day of its discharge in Ghana. He was additionally the main Ghanaian to win a BET grant.

10. OLIVER MTUKUDZI, ZIMBABWE

Oliver Tuku Mtukudzi has 65 collections added to his repertoire, more than the incredible Michael Jackson and Whitney Houston. It's an exceptional profession extending back 41 years with melodies that host breathed life into gatherings everywhere throughout the world. He is positioned the tenth wealthiest performer in Africa.

Source: *Ameyawdebrah.com Forbes Africa bellanaija*
Writer: *Emeka Chijide*



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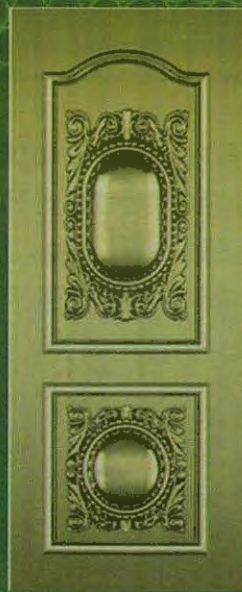


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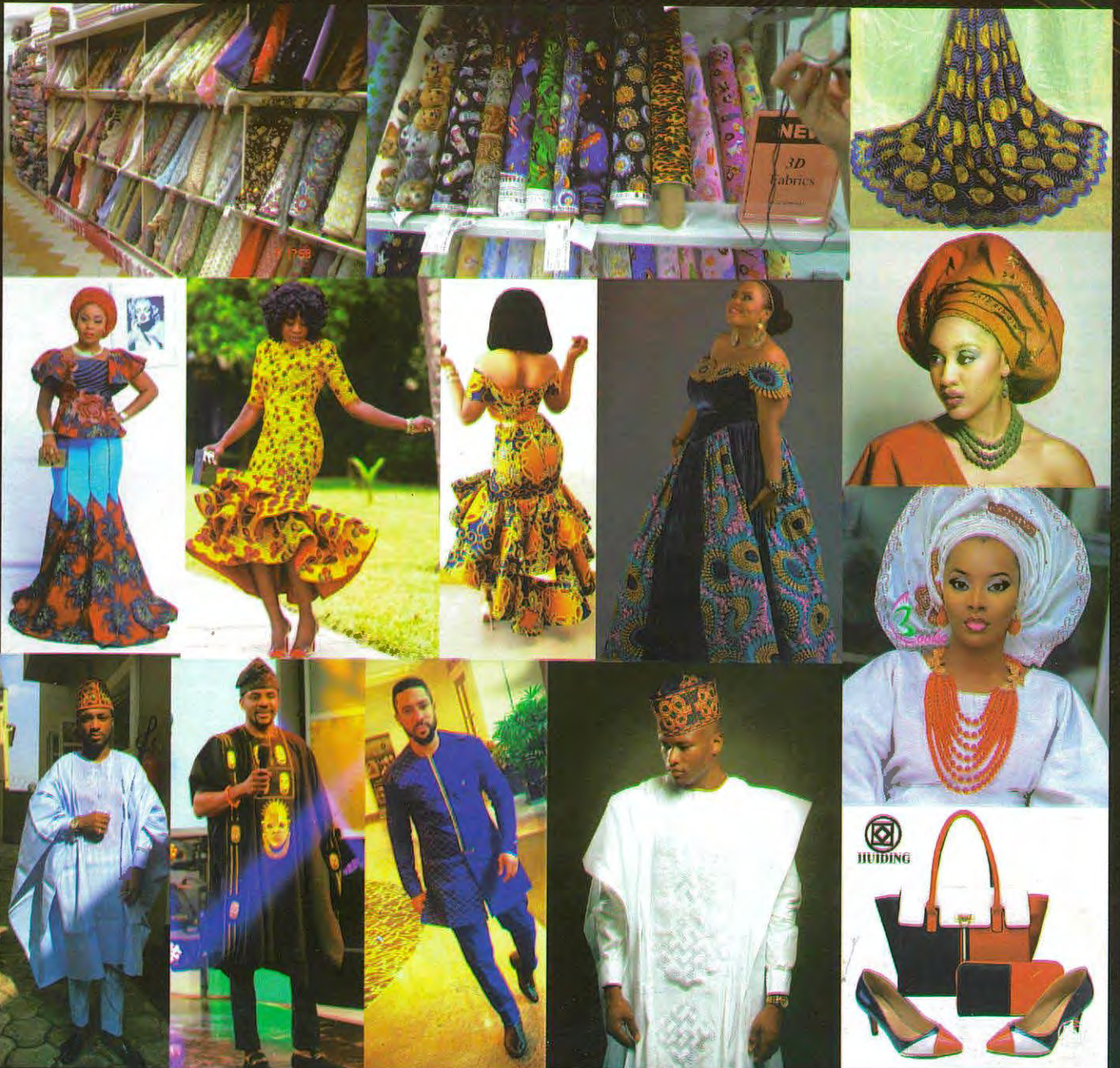
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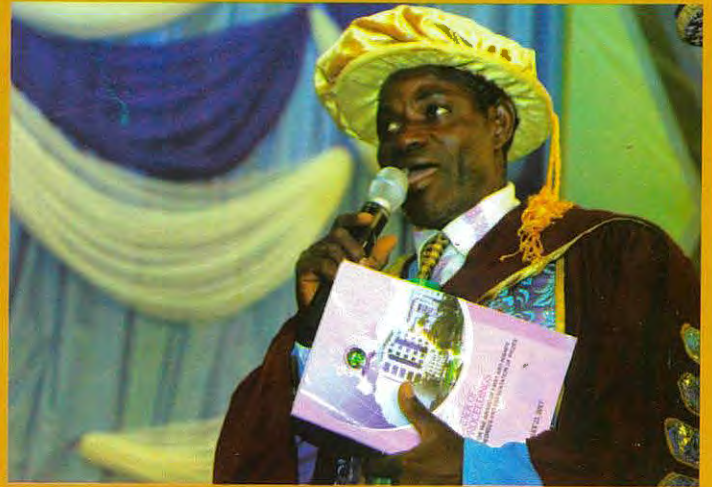
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How to make

BANGA SOUP

(OFE AKWU)

Nigerian Banga Soup or OfeAkwu is native to the Niger Delta and the South Eastern parts of Nigeria. In the Niger Delta areas, Banga soup is commonly eaten with various fufu recipes: Starch, Pounded Yam, Semolina, Garri and Cassava Fufu. In the South Eastern parts of Nigeria, Banga Soup is referred to as OfeAkwu where Ofe means Soup / Stew and Akwu means palm fruit and is used mainly as stew for Boiled White Rice.

How to Cook Banga Soup/Stew

The palm fruit oil extract used in cooking Banga Soup / Stew is quite different from the red palm oil used in cooking Nigerian food recipes. Palm Oil is pure oil extracted from the palm fruit pulp at high temperatures while the palm fruit oil extract used for the Banga Soup is extracted at a very low temperature and is a mixture of oil and water. Palm fruit oil extracted for Banga Soup contains less saturated fat than palm oils.

INGREDIENTS FOR BANGA SOUP

1 kg Palm Fruits or 800g tinned Palm Fruit Concentrate
 Beef
 Dry Fish
 Vegetable: Scent Leaves for OfeAkwu or dried and crushed bitterleaves for Delta-style Banga Soup
 2 medium onions
 2 tablespoons ground crayfish
 Salt and Chilli Pepper (to taste)
 OgiriOkpei (Iru)
 1-2 big stock cubes

BEFORE YOU COOK THE NIGERIAN BANGA SOUP

Extract the palm fruit concentrate from the palm fruits. If using the tinned palm fruit concentrate, open the tin and set aside. Cook the beef and the dry fish with 1 bulb of diced onion and the stock cubes till done. Wash and cut the scent leaves into tiny pieces. The scent leaves give the Banga Stew (OfeAkwu) its unique aroma and taste. If you are outside Nigeria, this may be hard to find, so you can use pumpkin leaves or any other vegetable in place of scent leaves. If cooking Delta-style Banga Soup for starch, you should either cook this soup without vegetables or use dried and crushed bitter leaves.

Cut the remaining bulb of onion. Pound the crayfish, ogiriokpei and pepper in a mortar and set aside. You can also grind them with a dry mill.

COOKING DIRECTIONS

Set the pot of palm fruit extract on the stove and start cooking at high heat. Leave to boil till you notice come red oil at the surface of the Banga Stew. If you think that the Banga Soup is watery, cook till the soup has thickened to the consistency you like for your stews.

Now, add the beef, dry fish and stock, the

onions, crayfish and pepper and leave to boil very well.

Add the scent leaves or other vegetable and salt to taste. Leave to simmer for about 2 mins. The Banga Soup is done. Serve with White Rice or use the Delta-style Banga Soup to eat Starch, Garri, Semolina, Amala or Pounded Yam.

COOKING DIRECTIONS FOR THOSE USING TINNED PALM FRUIT CONCENTRATE

- Wash and boil the palm kernel
- Pound the palm kernel, and wash as much as you desire.
- Leave to boil for 15 to 20 minutes or as much as you desire.
- Add meat and fish into the palm kernel concentrate and add water to get the consistency you like for your stews.
- Add the onions, crayfish, pepper and ogiri blend and let it boil very well.
- Add the scent leaves or other vegetable and salt to taste. Leave to simmer for about 2 mins. The Banga Soup is done.
- If you used bitter leaves to prepare it, serve with Nigerian fufu meals especially Starch. If you used scent leaves to prepare it, serve with boiled white rice.

"Mere color, unspoiled by meaning, and unallied with definite form, can speak to the soul in a thousand different ways.

-Oscar Wilde

What is life, if not the spectrum of colours... that excites our mood, attitudes, lifestyle, and also the colour of a person's skin which shows the race they belong to, it is obvious that colours define our everyday life.

Colour tries to complicit with taste. When we eat, our taste buds sense four attributes: sweet, salty, sour and bitter.

To different people, colours have different meanings on how best they relate with it, for instance:

COLOURS say it all

The single and married identify red as "LOVE"- a romantic feeling which expresses emotion between one another, in form of sharing and caring for one another.

Colours reflect in the art of photography, printing, and television; not just in black and white.

Another colour that associate with someone personality and royalty is purple. It's a colour that's speaks well about how wealthy and also the background of an individual.

Colours are fun to play with, and relate with in every aspect of life. They also have a great impact on people's imagination.

Written by Uka Tobi Onyinye

DO'S AND DON'TS OF WHATSAPP ETIQUETTE



It is not unusual to find someone who has a phone without the little green and white WhatsApp icon, it's cheap, fast, easily accessible and a tad bit more personal than the other social media platforms. But withstanding its advantages, it is still a social media platform and has certain etiquettes which should be put into consideration.

DON'T CREATE UNNECESSARY GROUP CHATS

It is highly usual to be added to nothing less than two different group chats whether professional or family, for one reason or the other. Let's not forget that group chats are formed for a reason. Do not just start a group chat for no sake, without having any purpose, wasting people's MB. Don't add people to

a group chat without their permission, I am not saying start sending messages to over 50 people asking their permission to join a group but a little heads up would be nice especially if its people they are not familiar with or worse people who don't really know each other.

DO MAKE USE OF PRIVACY

This is a wonderful setting on WhatsApp, if you forming up 007- James Bond and you don't want monitoring spirits to be controlling your movement knowing when you come online or go offline, You go to settings, then accounts, click on privacy and you can change your last seen, so no one knows when you come online, and you can disable read recipients it removes those blue marks that show when a message has been read but you won't be able to see those of others too.

DON'T FORWARD EVERY MESSAGE YOU SEE

Aunty comedy that finds every joke funny, we might not have the same sense of humor or the same amount of income, so don't finish our MB, no one is paying you for free advertisement. Also, before sending some BC(broadcast messages) aka those messages spread without author, confirm it, don't be a carrier of rumor, at least do a quick google search with the same MB you will use to pass the BC to the next person. Don't use God's name in vain if you don't send this message to seven people you will miss the rapture. Sound familiar

DON'T HAVE PERSONAL MESSAGES ON GROUP CHATS

Please try to reduce the amount of personal messages you send to each other on group chats, wait why can't you just move it to private chat instead of spreading your loins in public?. It is called group for a reason.

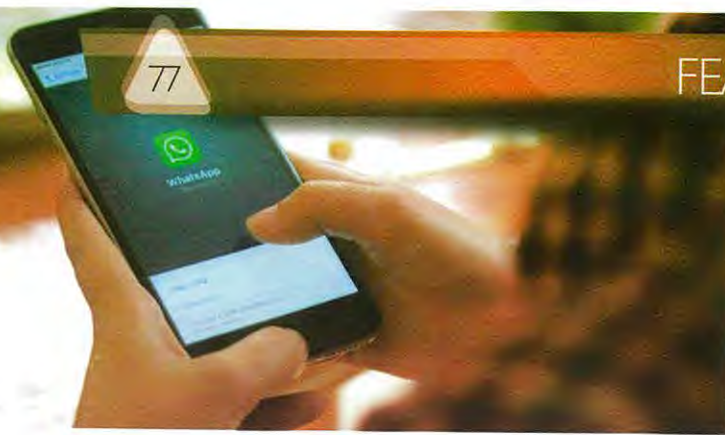
DO SEND ONE CHUNK OF MESSAGE

Instead of stringing the letters one by one this is not twitter where you have a limit of 140 characters. Someone will now see 2000 messages thinking it's from all my celebrity friends only to find out its from only one enthusiastic friend.

DON'T JUST LEAVE A GROUPCHAT

I know this one might be hard, with them sending 5000 messages overnight but I discovered two tricks, so as not to get group chat enemies and so that people will not start talking behind your back eh nawon omo covenant university





that's how she used to do, she feels to big just be leaving group chat anyhow, meanwhile they don't know that recession is biting you brutally, the first and very effective one, start a fight with someone in the group then dramatically leave. God would now go and bless you the group admin is a peacemaker and will add you back, sorry oooo. But secondly, you can send a private message to the group admin ejoo admin please assist a sister, MB is not smiling, me I am not keeping appearances, kosiowo just remove me from the group, it is better for them to remove you than for you to exit yourself abi...no? well then that's one mystery that would never be solved how to leave a group chat unnoticed but if unlike me your problem isn't MB just hearing the notification sound and thinking oh wow that money has finally entered only to open the phone and see broadcast message from aunty funmi on one prayer conference they are doing to grab husband fast, then you can firstly open the group chat, at the menu side just click on mute, there's even the option of muting the group for 8 hours or a year. Yay.

DON'T ALWAYS BEEN SEEN ON WHATSAPP

Haba, don't you have work? Sometimes put of your MB or Wi-Fi and enjoy the scenery of the natural world. It would make you feel better, and also always being on WhatsApp paints the picture that you have nothing going on in your life, at least be busy or form to be busy. You are still messaging at 4 am, that's just weird, when it's not midnight call, don't be the one doing things at strange hours. Whether you are an early bird or night owl any of them or afternoon lizard please keep it to your very close friends.

DON'T SEND 50MB VIDEOS AND ONE MINUTE VOICE NOTE OF STATIC NOISE TO GROUPCHATS.

Okay oooooo baba lowo, ejoo it's not all of us that our father owns estates, please if you find a video funny send it through email or post on Instagram or send to only interested private accounts not send it to group chats. You can disable auto download by going to settings, click on data usage then through media auto download you can disable photos, videos, music and the other MB swallowing things. But regards voice notes they are automatically downloaded but you can come to a compromise on the group chat.

DON'T USE EXCESSIVE EMOJI'S OR LOL

I know, some people would just send you a message and you don't even know what to reply, you want to ask this person brother did you think of this thing before you sent it? But not to cause issue you just say LOL, even when no part of you is even remotely smiling. I understand. The one with emoji's, please don't be creepy abeg. Emoji is for emphasis, not to complete your sentences,

DO NOT START TYPING THEN STOP

Bruh this should be punishable by law. Girl, I know You know I see you typing then suddenly you stop, uhuhn no honey come right back and finish what you where typing. Should have thought about it before you started misleading me.



DON'T BE THE LURKING OBSERVER IN A GROUP CHAT

It would be either you are too proud or something, so occasionally just chip in a sentence or even a LOL. Just do anything to remove the stalker vibe.

So I do hope some of them were helpful, have a wonderful day... Grace and peace.

-Stephanie Isiguzoro

MOMENTUM

Living in a world of uncertainty
 Dying to know what comes next
 Or who goes first
 Willing to let go and live
 But then, there's education
 Picking on everything that comes up
 To us, comes in our way
 And your will to live it to the fullest
 Stuff like school seem like a bore
 "I would rather be dull"
 Discipline putting up a wall
 And responsibility; an impending force
 Growing up comes with these two
 And living up to expectations come next
 Pushing; yet pulling
 Restraining; yet yielding
 What used to be so clear becomes so dim you can't see it in day

A world of opportunities seems like one of pain
 But then again, there are two sides to a coin
 A world of books now one of looks
 So much attention from a degree
 Understanding; a rule
 That many of us have shut our eyes and ears to
 Especially the divine
 Though herculean, we scale through
 Floating in our grades
 And eventually find our way through life
 Our momentum

-Naomi-Kimberly.

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You Need Water!

It is more advisable to go for healthier options like herbal teas, fruits and vegetables, smoothie, and homemade juice.

Water is essential nutrient that we need in the path to healthy lifestyle, the funny thing is we can't store it in our body. Why? Because our body loses water through everyday activities like urinating, sweating, defecating and even simply exhaling water vapour! So we need to replenish whatever has been lost through daily activities with water again which sounds like an never-ending and tiring cycle especially to those who don't like drinking water, however you might want to think of the benefits. An individual takes enough water will not only keep his/her body hydrated but will also prevent dehydration and bladder cancer as well as keep your skin looking younger and healthier. If the promise of a young and healthy skin didn't motivate you enough, another benefit of water is that taking enough can actually boost your metabolism (how's that for weight loss?).

But before you start swig down glasses of

water, it is important to know moderation is key as there are side effects for too little and too much. The amount of water you are to consume is determined on your weight, sex, exercise, health conditions, climate and other factors. For a more accurate and medical way to calculate how much water you need to consume, a good medical site is www.medindia.net For those who might be thinking taking drinks is as good as drinking water, you might want to hold back before reaching for a drink as soft drinks however do not add to your water intake in fact it will require you drinking more water because of the flavouring, preservatives and sugars used in producing them. It is more advisable to go for healthier options like herbal teas, fruits and vegetables, smoothie, and homemade juice.

You do not have to wait till you feel thirsty

before you drink water. Cravings and feelings of hunger are signs that you should reach for a bottle of water.

Simple tips for staying hydrated

1. Use lemons slices, drops of honey in the water as flavourings (For those who find the taste of water unappealing).
2. You can also download apps like Aqualert, Hydro Coach, Water Time Pro to stay hydrated
3. Go for healthier options like herbal teas, fruits and vegetables, smoothie, and homemade juice when confronted by unhealthy drinks.
4. Drink water at intervals.
5. Drink water at these important times; as soon as you get up, before and after bath, before and after each meal and before bed.
6. Convert your friends to the lifestyle of staying hydrated, temptations will be easily avoided.

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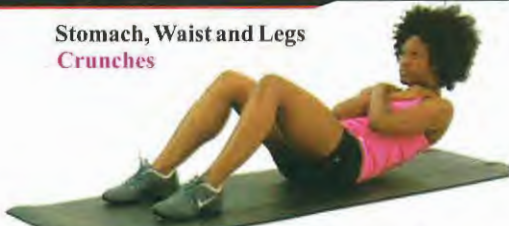
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Do it Right!

Jumping into exercises without knowing what exercise works for some parts of your body might leave you feeling frustrated, tired and unaccomplished. A personal trainer will make the job a whole lot easier however not everyone can afford it. Here are some exercises to target specific areas in the body with little or no gym equipment:

Stomach, Waist and Legs Crunches



Lie on a mat with feet on the ground and knees bent, place your hands behind your head. Begin by lifting your legs off the floor and towards your down. You can continue in this up and down pattern, switch to moving sideways or even twisting torso sideways as you work out, if desired. It is also important to remember to inhale and exhale as you workout

Lunge Twist

Stand with your legs apart and holding dumbbells on each hand, take a big step forward with your right leg and do the same for your left leg, alternatively.

It is important to stand straight in beginning position to have a good position for the exercise. For variation you can twist your torso as you work out. Remember, breathing is also important.



Triceps push-back

Holding dumbbells in each arms straight down, stand with your legs apart and knees slightly bent. Staying in this position lift your arms back and return to side.



Shoulder press

Hold a dumbbell on each hand, hold it to your shoulder length and raise far above your head then return back to shoulder length. This exercise can be done either sitting or standing. Other exercises for getting toned arms is skipping and boxing.



Face

For drooping eyelids, eye bags and puffiness Press both of your middle fingers together at the inner corner of your eyebrows and then with index fingers, apply pressure to the outer corners of the eyebrows. Next look to the ceiling and raise your lower eyelids upwards making a strong squint.

For cheek lines and sagging skin

Hiding your teeth with your lips make an 'O' shape with your mouth then smile widely and repeat six times.

For double chin and jowls

Tilt your head back looking towards the ceiling and move lower lip over upper lip as far as possible, hold for 5 to 10 seconds then relax and repeat.

So go work out!



Planks



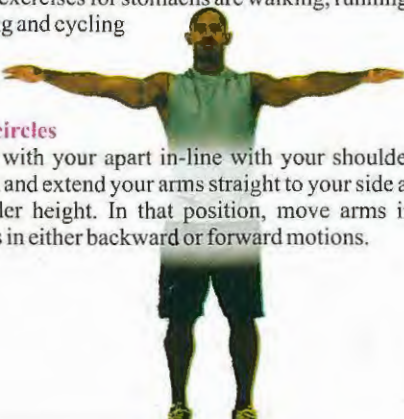
Position yourself on a mat with your toes and elbows resting on the mat, make sure no other part of your body is touching the floor and your head is looking forward. Hold this posture for 30 seconds and remember to breathe as you do. When the 30 seconds is over, stop and rest for a while then continue.

Other exercises for stomachs are walking, running, jogging and cycling

Arms

Arm circles

Stand with your feet apart in-line with your shoulder length and extend your arms straight to your side at shoulder height. In that position, move arms in circles in either backward or forward motions.



Know your TEAS

We've all heard of different types of teas that perform different functions, but do we really know what types and how to use these teas. From cleansing to health boost to weightless, these teas have different purposes;

Black tea (Teabags)

This is one of the most popular and common type of tea drank in Nigeria. Considered a healthy alternative from cocoa beverages, black tea are in tea bags which are a small, porous, sealed square bag containing dried plant material and have an attached piece of string with a paper label at the top that assists in removing the bag while also displaying the brand or variety of tea. Tea is full of antioxidants that repair cellular damage, which can lead to wrinkles and disease. Black tea help reduce the risk of a heart attack and kidney stones. The caffeine in it help to increase mental alertness. Popular brands in Nigeria are Lipton and Top tea.





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Green tea

This tea is recognised as one of the healthiest beverage due to not only the only little or no refined state it comes in but also due to it's benefits. Green tea has so many benefits, it can

be used for almost any health issue. Green tea can come in teabags or leaves which are used in preparation. Popular green tea

brands are Twinings and Samira. Green tea provides benefits such as weight management, mental functioning, physical improvements, decreasing risk of cancer, warding off fatigue, boosting immune system, reducing cholesterol level, sharpening mental alertness, preventing blood clotting, toning down blood pressure amongst many other benefits

Green tea is prepared by putting the tea leaves or bags in a cup and then pouring hot water into the cup. This is then left for 3 -5 minutes before drinking. Unlike black tea which are oxidized for additional colour and flavour, green tea leaves goes through a process where they are heated to prevent oxidation.

Moringa tea

Although not as popular as the earlier mentioned tea, the tea is well-recognized amongst the elderly. Moringa tea is gotten from the tree,

moringaolifera and are used to treat and prevent diseases such as diabetes, heart disease,

anemia, arthritis, liver disease, respiratory, digestive and skin disorders. The pods, roots, bark, flowers, seeds and fruits are edible and are used as a traditional remedy for many ailments.

Moringa tea is another tea that is highly-nutritious and has health benefits such as anti-inflammatory, blood clotting properties, antimicrobial and antibacterial properties, liver protection, cardiovascular system protection, antioxidants, weight management and tissue-protective properties to name a few. Moringa tea is rich in protein, calcium, potassium and vitamin A, C and E. It is prepared by boiling desired quantity of Moringa leaves for a few minutes and serve. Moringa leaves can be re-used after boiling in smoothies, soup or salads.

Though there are some Moringa teas that come in tea bags, some come as the unprocessed state in powders, oil drops, leaves or even pods and should be taken in moderation as it has laxative effect.

Oolong tea

This is a less popular tea variety in Nigeria. This tea is a traditional Chinese tea and come in form of wrapped dried leaves.

Oolong tea is prepared by steeping in hot not boiling water for 3-10 minutes with about 2 teaspoons of the tea leaves per cup.

Oolong tea has many health benefits and are partially oxidized. They are rich in antioxidants, minerals, detoxifying alkaloids like folic acid and niacin amide, vitamin A, B, C, E, K as well as help in reduction of heart diseases, high cholesterol levels, and inflammatory disorders.

Drinking oolong tea can yield health benefits like weight management, detoxification, healthy skin and reduce risk of diabetes skin and ovarian cancer amongst other benefits.

thoughts, movements and sensation while calculating and reacting with a fast speed and for it to work continuously and remain in good condition, it relies on a steady supply of essential nutrients from our diet, blood sugar and oxygen.

Eating well-balanced meals provides the brain with all the necessary nutrients to ward off mental illnesses and enjoy better memory, attention span and sharpened reflexes. Some of which are;

Walnut

Walnuts contain vitamin E, melatonin, Omega-3 fat, memory-protective vitamin B6, magnesium and antioxidants. Its consumption enhances

cognitive and motor function in the body thus boosting your thinking power and improve your memory. Walnuts have the highest level of omega-3 fatty acids among all nuts which have a protective effect on the brain as they boost the functioning of neurotransmitters, which in turn improves memory and cognitive skills. Walnuts also improve the flow of oxygen and nutrients through blood vessels in the brain and fight inflammation, which plays a role in many debilitating and degenerative conditions of the brain and body.

Green Tea

Green tea has so many benefits that it would seem it can solve every health problem. Green tea is one of the healthiest

beverage as it is contains a lot of antioxidants and nutrients beneficial to the body, the brain in particular. Green tea contains polyphenols like flavonoids and catechins which not only reduce the formation of free radicals in the body but also protect cells and molecules from damage as well as mental diseases like Alzheimer and Parkinson's.

Green tea also contains the stimulant, caffeine but in the right amount unlike coffee increasing the firing of neurons and the concentration of neurotransmitters like dopamine and norepinephrine which will yield mental benefits like improved reaction, attention, mood and memory. Another ingredient loaded in green tea is L-theanine which has anti-anxiety effects. Together these two ingredients increase energy and productivity.



It is a common fact that we eat for our physical strength and health, what we miss is that it is also equally important to eat for our brains. The brain is a complex and powerful organ that regulates the functions of other body organs non-stop. It controls all

Avocado

Avocado contains nutrients like monounsaturated fat, potassium, vitamin K and folate which improve memory and concentration. Nutrients in avocado also allows proper blood flow thereby preventing stroke, seizures and blood clotting in the brain. Avocado also help lower blood pressure thereby promoting brain health, however in consumption, moderation must be primary.



sprouts contain lutein and zeaxanthin that protect the brain from age-related cognitive decline and free-radical damage while vegetables like spinach are loaded with vitamin A and K and help prevent mental deterioration and prevent dementia. Choline found in broccoli

aids inspering the growth of new brain cells and neural connections that are essential for sharp and strong memory. Being high in potassium, spinach is exceptionally good for the brain and helps maintain the electrical conductivity of the brain and improve thinking as well as recall capacity.

Other vegetables like Potatoes through its high carbohydrate levels, the glucose your brain needs to properly function. This glucose heightens cognitive functions as well as prevent fatigue. Potatoes are also high in iron which act as a constituent in carrying oxygen to the brain and the potassium in them stimulate brain function. Potatoes are also rich in zinc, phosphorus and B complex vitamins.

There are many superfoods that you can easily include in your daily diet to strengthen your brain and enhance your mental performance, start with these today.

**Eggs**

As eggs have a high amount of cholesterol, they should be eaten in moderation however this food is good for the brain as its high choline content aids communication and memory among brain cells as well as maintain the structure of all cell membranes.

They are also rich in vitamin B and folic acids that aid in reduction homocystene which cause stroke, cognitive impairment and Alzheimer's.

**Oils**

Oils can be used to boost the brain by cooking with it or taken it directly to get its mental benefits. Oils like olive oil contains powerful antioxidants known as polyphenols which improve learning and memory, they also help fight against diseases like Alzheimer which are toxic to the brain while coconut oil helps prevent memory loss.

**Fruits**

Fruits are not only good for the body but the brain also and contain nutrients that stimulate the brain aiding quick recall of information. Fruits like apple boost the production of acetylcholine decreases the risk of age related mental diseases like Alzheimer and quercetin which protect brain cells from

oxidative injury while fruits like mangoes are rich in vitamins, minerals and enzymes. Mangoes are loaded with vitamin B6 and other Bs vitamin which are needed to maintain a healthy brain and said healthy sleep patterns and moods.

Bananas are high in potassium. They help the brain transmit messages and deliver oxygen to the brain, they also help the brain regulate moods and appetite as well as aid focus and memory. Bananas are one of the best brain fruits as they are rich in vitamin B-6, magnesium, carbohydrate, essential amino acids tryptophan and tyrosine

Vegetables

Vegetables are one of the best sources of nutrition for the brain due to their high antioxidants and anti-inflammatory content. Vegetables like cabbage, cauliflower, broccoli and brussels

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Can my **MAN** be younger than me?

OKONKWO KIMBERLY



Many at times, women get worried when the man they're courting is younger than they are especially as parents grow curious or family members in general. Nigerians will say that their culture is against it. Is it based on culture or on their mind sets?

One reason is that women age faster than men so most times, women feel it's safer for your spouse to be older so in worst case scenarios, you both will look old, not that the woman will have to bear the burden of old age alone. On the long run, what wasn't stated becomes obvious; that is, that she's older than her man.

Another reason is that older men are financially and emotionally stable; which to a very large extent is true and agreeable because relationships demand a lot of respect and patience. A lot of women find it to respect their husbands if not financially buoyant or able to deal with issues in the home; they usually don't see reasons to stick around.

A lot of times, women married to younger men are accused of cajoling the men into what they weren't ready for either by words or money. Then there's the issue of the sex life, nobody ever admits that their sex lives with their younger husbands are boring and or predictable but it is for the older women.

There may also be communication barrier as terms the man wants his woman to understand and use when addressing him may not tally with what he understands. "He may not even be ready for retirement when I am" a lot of women say, if it's a family business, it is usually the woman who is meant to run it but the husband runs it even when she's no longer proactive in the work area.

Things are changing, paradigms are challenged, and values have been distorted in the name of freedom. In Nigeria, marriage used to be acceptable when the man is older than the woman and typically, a consequence may be attached if anyone does the unacceptable in some cultures which are not so flexible.

Marriages like this breed insults for the woman especially from in-laws. Medical experts also have their say in this. An issue may come up and they may relate it to the different ages of the couple especially when talking about physiological changes.

Another issue that bothers every Nigerian woman is that of unfaithfulness, she wouldn't want to live a life where every day is a contest for her husband's attention to stay primarily on her. She would want to keep up with trends, dress to impress, cook more of what he likes, go out with him to where people his age hang out, etc.

Some say submission and respect are not functions of age; you don't have to be older than me before I take orders from you or respect you. Truth is, this kind of marriage is a unique marriage. You don't have to be your wife's age mate before you can hold a good conversation with her friends and colleagues; being a good conversationalist is not a function of age.

Age doesn't determine whether your marriage will be successful or not, whether the sex will be to your satisfaction or whether your spouse will cheat or not. Truth is, any man can cheat and any woman can cheat. We have couples where

Another issue that bothers every Nigerian woman is that of unfaithfulness, she wouldn't want to live a life where every day is a contest for her husband's attention to stay primarily on her.

the man is older still arguing and separating due to infidelity. There are women who enjoy sex better with younger men; they even learn a thing or two from them.

Perspective is key, we all need to start looking at things from a different angle. If your man is younger than you and you feel many things will go wrong, trust me, they will but if you're ready to keep that marriage, trust me you will also. There are a number of couples like this and today, they're still married. Some of them own individual businesses so the issue of the man taking over or not retiring with you can be tackled.

Finally, your in-laws may always be there but them being a pain in the neck doesn't have to be because you're younger than their son or brother. Age has always been a number, create your own formula to make it result in positive results. Don't be inclined to do what is acceptable in society if your happiness is being questioned.



LET US SELF-DESTRUCT

-Tom-George Emmanuel D.

Nigeria, sincerely, is a beautiful country. It is far more beautiful than many I know. I'm not just making assumptions, I'm not just being biased, my country is pretty awesome; that's a fact.

My name is Emmanuel... well, I that's my first name. However, I go by Tom-George. To me Tom-George is not just my surname. It is a brand name – my brand name. It is the name I can relate with. Sincerely, I do not like the "Emmanuel" name. "Why?" you'd ask me. "Isn't it a nice name?" "Emmanuel" isn't a bad name. As far as I know that was one of the names of Jesus Christ.

I was always "Emmanuel" until I moved to secondary school or high school as many like to call it... I'm Nigerian, it's secondary school. There were just too many, Emmanuels. There were two in my class besides me and there were at least seven in total—that's all the stats I can remember. So, calling or referring to us was sort of an issue. Differentiation was necessary; mine was "Tom-George"...

I got into the university – with some of my old classmates. I also got to meet with some of my older schoolmates. I thought I'd live up to going by "Emmanuel" but I just couldn't. I guess too many people already knew me by "Tom-George". And thanks to my old schoolmates, it was very easy to avoid being called "Emmanuel".

Why? Why don't I really fancy "Emmanuel"? It is a gorgeous name, isn't it? It's okay to be more comfortable with one name relative to another but why do I mind when I'm called "Emmanuel"?

It is very unbearable, well for an Emmanuel – an Emmanuel like me. My name has been turned to one of the commonest, if not the commonest Igbo male name in the country. I am a Kalabari boy. Like you reading this right now, many other "Nigerians" have not heard this name before. This fact was not pronounced to me until I left my home state to somewhere in the west of Nigeria to school. Back at home, identification was not a problem. Once I said I

was Kalabari, everyone understood what I was talking about. But here at Otta, the name just stirs up a host of hackneyed expressions; "Where is that?"

"Really, I've never heard of that before."

"Are you serious? Port Harcourt is not a state?"

I am really not an ethnocentric – well I try not to be one. I try my best to see every one for who they are not where they are from. but it gets to me every time I tell someone where I'm from and they seem lost. So, to me and many people I meet, I am British. I'm from Gloucestershire to be precise. At least that way I can evade the underlain conflict of being Nigerian.

Nigeria, sincerely, is a beautiful country. It is far more beautiful than many I know. I'm not just making assumptions, I'm not just being biased, my country is pretty awesome; that's a fact. The thing is many of us don't see us as a country. Many Nigerians aren't just true to the fact that they are and will forever be Nigerian. Nigeria is a multi-ethnic society but Nigeria to many is a tri-ethnic one. Every one of the two hundred and fifty – or more, ethnic groups have been put in one of these "larger" groups, well I'd say forcibly. These three regions, groups, tribes, ethnicities, or whatever they prefer being called, have been at war for decades – many, many decades. Leaving in a place where everyone's for themselves – or should I say for their tribes. I don't really have a problem with the Igbos. Nor do I any other tribe. Well for one all the flaws each of 'em seem to have are oftentimes very hilarious to me. It is funny how much they have in common yet how wide a gap they have created among themselves.

"If there's one thing I love about being British, it has to be the fact that me and all my country men are British too. We all speak the same

language, eat the same kind of food, do things similarly... we are a people. I live at No. 24 Mc Anthony Street back home at Gloucestershire. Heavens! It is so quiet. And then I tend to compare the serenity I find back at my Gloucester home to the up-about randomness I live in here in Nigeria. Nigeria is pretty noisy." – so I tell people here, and sometimes myself. They actually believe me, sometimes I do too.

We have been forced by this crooked stereotype to classify our being Nigerian. We have, for years, been hypnotized with this myopic gift of group loyalty. Nigerians have buttressed communalism among their respective kinsmen to a fault and we all have to take a fall for it. We blame corrupt leaders, we blame poor governance, we accost lazy civil servants and refuse to remove the log in our eyes so big, we can't even see what's right in front of us.

Yes, I'm "imma" as they say but I'm proud of it. I'm proud that my people are able to embrace their way even when trying to learn from others. It really makes me happy that no matter how much English we speak, our true voices can be heard through our tones, our accents, our poor speech.

I really cannot be happy, because in the land where the happiest, sweetest and smartest of people reside, oneness is very far-fetched. My country is a beautiful place. Many very beautiful people live therein. It really is a cool place. There we are prone to little or no natural disasters or Acts of God. We are a people with beautiful heritage and culture, really good food, wonderful attires and yes... fun people. But my country is at war with itself. Nigeria is the name of my country – I'm sure you must have heard that name before. Oneness should be our value; peace, our patriots call.

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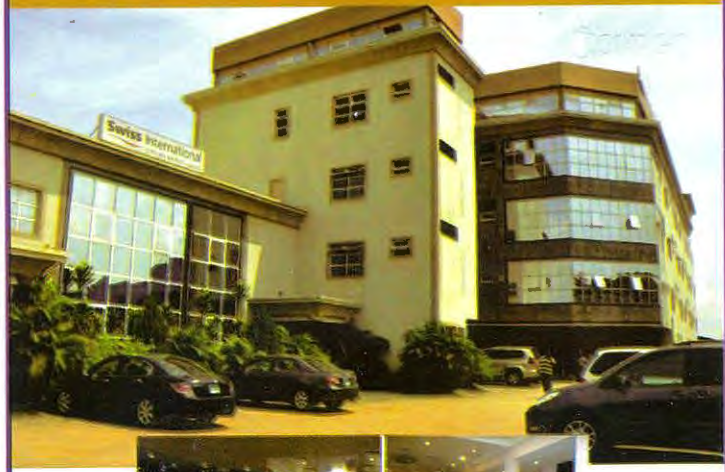
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Why you need to know about Neymar Junior.

Okay before we start I am a very dedicated Chelsea fan, I pledge to Chelsea my club to be faithful loyal and honest. To uphold the players even when they are brutally injuring my pride. That pledge has been easier to say lately, the jinx that was following us before almost made it sound like bone was stuck in my throat every time, but you can't be an avid football fan and not know who Neymar junior is even if he plays for FC Barcelona. Anyhow moving on am sure someone is asking okay so how is this Neymar dude helping my life, am sorry he might not be the one paying for your data plan, but after the generation of the attractive Ronaldo, Neymar might be in the next generation of excellent players and it just keeps getting better, just stay with me. So next time you in a conversation and his name comes up, you don't have to be like ummm who is that? Did he win like a Nobel Prize or write a book?

No...It doesn't hurt to know a little bit about football. Does it? Neymar da Silva Santos Jr. (his dad is senior) obviously... was born on February 5, 1992 in Sao Paulo, Brazil. His dad was a former professional soccer player, he joined the Portugesa Santista youth club in 1999 (when he was 7!). He emerged as a star for Santos FC which he joined when he was 11 as a teenager, winning four straight Player of the Year awards, while becoming one of Brazil's most popular public figures. After moving to Europe to join FC Barcelona for the start of the 2013-14 season, he helped the Spanish powerhouse win both domestic and international titles. His first offer was from Real Madrid FC at the age of 14, but the Santos team's management reportedly convinced Neymar to stay put with a large bonus. I hope we are looking at the age though, let's keep going.

Neymar made his professional debut on 7 March 2009, despite being only 17 years old; he was brought on for the last thirty minutes, in a 2-1 win against Oeste. The following week he scored his first goal for Santos against Mogi Mirim. One month later, on 11 April, Neymar scored the decisive goal in a 2-1 win against Palmeiras in the 2009 Campeonato Paulista semi-final first leg. In the final, however, Santos suffered a 4-2 aggregate defeat to the Corinthians. In his first season, Neymar racked up 14 goals in 48 games. He lived up to the hype by earning the league's Best Young Player award. I hope I am not confusing you with all this foreign teams I just want you to understand the emphasis I am making about how much he was able to achieve despite being just a teenager. Most times when they give all these examples of young people making waves, adults always make use of either king Josiah in the bible, and in our heads we are like come on that was decades ago things are not the same, or they use science or mathematics geniuses, but this time I want to make use of football, the sports and artistic side. It's possible for you to identify your hobby or something you love doing, make yourself stand out by constant practicing and make a living from it. Let's continue...

He emerged as a full-blown star in 2010 at the age of 18, helping Santos claim the league and Copa do Brasil championships en route to the first of three straight scoring titles and four straight Player of the Year awards. That season he also made his debut for the senior national team and debuted a Mohawk-style haircut, which quickly became popular among younger fans. In December 2010, aged just 18, Neymar came third for the 2010 South American Footballer of the Year, behind Andrés D'Alessandro and Juan Sebastián Verón.

"The 18-year-old is a magnificent prospect. He is sleek and skillful, able to beat the defender on either side, capable of combining well, and full of tricks he can put to productive use in and around the penalty area."

South American football journalist Tim Vickery on Neymar in 2010. Neymar was just beginning to showcase his skill in 2010 when an English



“It's possible for you to identify your hobby or something you love doing, make yourself stand out by constant practicing and make a living from it.”

Fontina

team took notice. That club was surprisingly West Ham. They quickly made a bid of £12 million for the Brazilian but were turned down immediately. It was this bid that drew eyes to Neymar on a worldwide level as Chelsea then took interest before other clubs joined the transfer frenzy. Oh gosh, he wanted to play for Chelsea, he did want to play in Europe that would have just made me the happiest woman on earth.

On 31 December 2011, at the age of 19 he won the 2011 South American Footballer of the Year award for the first time, by a record margin, following in the footsteps of Diego Maradona, Romário, Pelé and Zico. He produced what would be voted the FIFA Goal of the Year and led Santos to its first Copa Libertadores championship in 48 years. However, he also began to experience the backlash that accompanies fame. Neymar was criticized for his play during Brazil's quarterfinals loss in the 2011 Copa America tournament, and was scolded in the media for fathering a child out of wedlock. He had his first child when he was 19, but that's not the point, he took responsibility for his child and even refused to expose the mother to protect her and the child. I am not saying we should go and become parents claiming responsibility, but let's keep going, I am getting somewhere.

Neymar scored his 100th professional goal on his 20th birthday in 2012 and finished the year with a career-best total of 43. The goal came against Palmeiras in the traditional Neymar way. But it was the timing of the goal that is the most surprising. Not many can claim they have scored on their birthday. Few, if any, have set a milestone like this on their birthday. And hardly anyone did it at the age of the 20.

It is hard to believe that Neymar is the only Brazilian athlete to ever grace the cover of TIME magazine. For a country that is known for their sports legends, this is truly a magnificent feat. In fact, the only other Brazilians to find their way on the cover have been political leaders.

Neymar may only be a kid, but he is richer than almost anyone around. In 2012 he was listed as the seventh-richest footballer in the world. Lionel Messi and Cristiano Ronaldo also find their names on that list, but it is almost unbelievable to imagine that Neymar is on the same financial level. While Forbes named him the third highest-paid athlete under 25 in the world. Currently he is the 6th highest paid soccer player in the world in Forbes list. And the also the 6th richest footballer in the world according to the goal.com list. When Neymar transferred to Barcelona, he was made a deal that pays \$74 million in five years.

In 2012 and 2013, SportsPro named him the most marketable athlete in the world. Neymar has beat out the likes of Messi, Ronaldo, Usain Bolt, Rory McIlroy and countless others for two consecutive

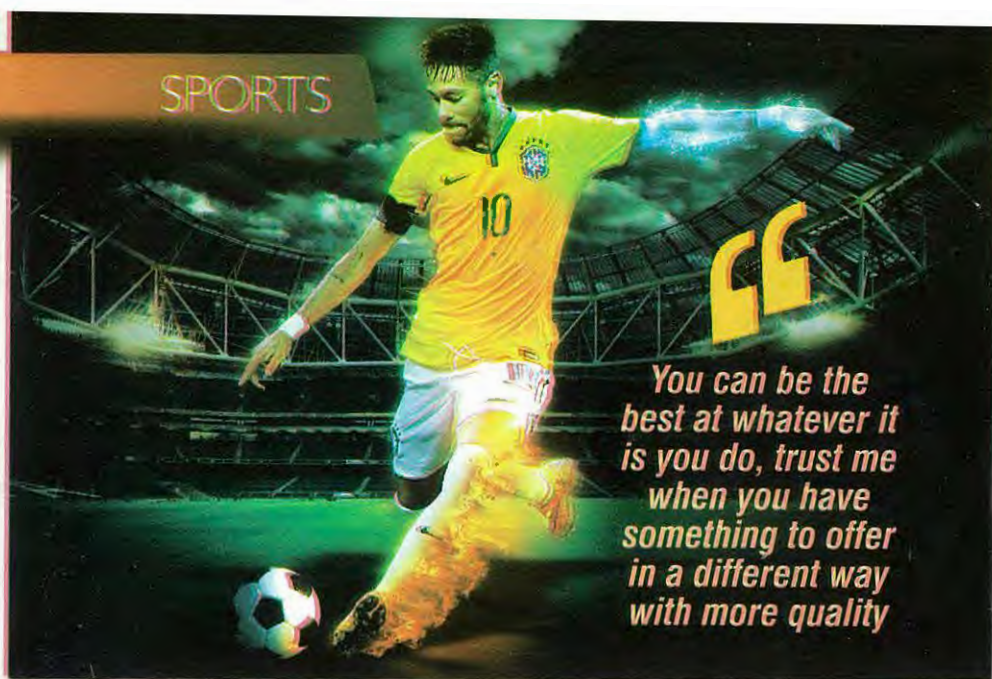
years as the most marketable athlete on the planet. He is also the spokesmodel and spokesperson for several products including Castrol, Police sunglasses and L'Oréal who released the cologne, Drakkar Noir by Neymar.

In November 2012 advertising agency Loducca, created Neymar's own personal brand logo, featuring the N, J and R (Neymar Junior) with the N styled to match Neymar's shirt number 11. Also in December 2013, Neymar was ranked by The Guardian as the sixth best player in the world. In 2013 he was awarded the golden ball for his performance in the Confederations Cup.

He's so good at selling stuff, in fact, that haters call the barrage of Neymar plastered on magazines and in ads and on television programs and as the spokesperson for various products "Neymarketing." He has more than a dozen product ads under his belt, and he doesn't discriminate what type of products they are. He's done soda, sports gear, ice cream, an app, phones, batteries, even a bank. His pretty face not only sells, it also landed him a Brazilian Vogue cover shoot with iconic Brazilian supermodel Gisele Bündchen. All of his sponsorships have earned him a total of an estimated €20 million per year. His annual income is approximately \$32 million.

He was also in the movie XXX: Return of Xander Cage, alongside Vin Diesel, Samuel L. Jackson, Ruby Rose, Ice Cube, Nina Dobrev and other international celebrities. Moving on to an interesting fact, He is an evangelical Christian and attributes his faith for the source behind his humility and grounded nature. "Life only makes sense when our highest ideal is to serve Christ!" he said in an interview.

He is known for his acceleration, speed, dribbling, finishing and ability with both feet. His playing style has earned him critical acclaim, with fans, media and former players drawing comparison to former Brazil forward Pelé, who has called Neymar "an excellent player". While Ronaldinho states "he will be the best in the world".



You can be the best at whatever it is you do, trust me when you have something to offer in a different way with more quality

His footballing idols are Lionel Messi, Cristiano Ronaldo, Wayne Rooney, Andres Iniesta and Xavi. Neymar reportedly also tithes (10%) his income to his church and has named Kaká as his religious role model. Each year, Neymar organizes a charity match with fellow Brazilian footballer Nené in Nené's hometown of Jundiá, with the purpose of raising food for needy families. Let's take a pause here, he has idols, to be anyone you want to be in life you have to have someone you are looking up to, someone who motivates you to be a better person, a mentor, role model, idol but let's keep going. He says "I'm always trying to perfect everything – dribbling, shooting, headers and control. You can always improve."

Neymar is one of the youngest players to feature in the World Cup in 2015. The youngest player to ever play in the World Cup was Norman Whiteside at age 17 in 1982. In March 2015, Neymar had the fourth highest social media rank in the world among sportspeople, behind Cristiano Ronaldo, Lionel Messi and David Beckham, with 52 million Facebook fans. In ESPN's list of active sportspeople in 2016, Neymar was ranked the fourth most famous athlete in the world.

On April 2017, Neymar was included in the TIME 100 for the most influential people in the world. And he's the only footballer on the list.

So your point is...

My point is, you have no excuse. But Steph there are so many footballers, singers, bloggers... You can be the best at whatever it is you do, trust me when you have something to offer in a different way with more quality. Learn from those who have gone before you even your peers. See how they do it, then make it better. There is nothing that cannot be monetized, most importantly never forget the GOD factor. There's always a way, you just have to find it. Grace and peace.

-Stephanie Isiguzoro

The strength of the Nigerian Blood

In the month of April, British based boxer Anthony Joshua defeated Ukrainian boxing legend Vladimir Klitschko to become the WBA champion and remain undefeated as a professional boxer. But here is a fun fact; Anthony Joshua was born to parents, both of Nigerian descent (Yoruba to be precise) and goes by the name Anthony Oluwafemi Olaseni Joshua and proudly acknowledges his Nigerian roots. He had hopes of representing Nigeria at the 2012 Olympics but was not granted the chance.

Many other Nigerians are currently succeeding for various countries in various sports and these Nigerian Athletes will be looked at.

1. Dele Alli: Born Bamidele Jermaine Alli to a Nigerian father of Yoruba descent, is a football player for Tottenham Hotspur and represents the English football national team. He has been named the PFA young player of the year for two seasons in a row and has also been named in the PFA team of the year for two seasons in a row. While playing for Milton Keynes Dons, he was also named as the Football league young player of the year and was named in the team of the year. Alli at 21 years of age is one of the youngest midfielders to reach 50 career goals for both club and country. Alli is clearly excelling in his front but he has dissociated himself from his Nigerian surname but still honors his Nigerian heritage. He rejected an opportunity to represent Nigeria for undisclosed reasons.

2. Morolake Akinosun: she is a 23 year old Nigerian athlete who runs for the United States of America. She has won multiple events representing America including a gold medal at the 2016 Rio Olympics 4X100 relay and gold at the Pan American Games also in 4X100 both representing USA.

3. David Alaba: He is a footballer who plays for Bayern Munich and the Austrian national football team. He is the youngest player to represent their national team at age 17. He has won multiple trophies with Bayern Munich and has many individual honors including one world XI appearance and two UEFA XI appearances. His father is a Yoruba prince from Ogere.

4. Anthony Joshua: Born to Nigerian parents, he is a 27 year old boxer who is currently making waves in the world of boxing. As of April 2017, he was undefeated in 19 matches winning all of them by knockout. He is an Olympic gold medalist and is currently the WBA, IBF and IBO heavyweight champion. He applied to represent Nigeria at the 2012 Olympics but was rejected.

Many Nigerians are representing other countries based on various reasons mostly because the sports bodies do not treat their representatives well if the bodies improve the Nigerian sports sector will improve.





Why are so many players moving to **China**???

It is obvious that in the footballing world money talks the loudest and the biggest talkative in recent years seems to be China. Over the course of the last two seasons, football has witnessed a lot of fairly good-excellent players switch over to the Chinese league as seen with the likes of Demba Ba, Hulk, Mikel Obi, Odion Ighalo, Brown Ideye, Carlos Teves, Pelle and Gervinho. Through the span of the previous 12 months Jackson Martinez, Ramires, Oscar and Alex Teixeira have all moved to the Chinese Super League for a consolidated aggregate of £150million.

While enormous names joining clubs outside Europe is just the same old thing new, the key contrast between the present harvest going to China and those gathering their packs for spots like America or the Middle East is that Martinez, Oscar and Teixeira are a long way from maturing stars

Every one of them three had either been connected with or were playing for the best clubs in the Premier League before being enticed east by more prominent wealth.

In the expressions of Arsene Wenger, European football ought to be "stressed" about China.

The Chinese President's (President Xi) sudden enthusiasm for boosting the profile of the Chinese Super League is not at present coordinated by the nation's masses, but rather saying this doesn't imply that that progressions are

not clearing in. Just like the case in the greater part of "lesser footballing countries" around the globe, enthusiasm for the enormous foreign leagues far exceeds that of the local top flight.

"Football is on the TV all the time here, not only the Premier League or the Champions League, yet all the European leagues," says Shenzhen FC chief Sven Goran Eriksson.

However, while European football is best, any feeling that Chinese top flight amusements are played in callous, discharge stadiums would be off base.

The league's normal participation amid the season before last remained at around 22,000 (a 17 percent increase on the past season), with focuses to twofold that number throughout the following decade.

On the field there are various guidelines set up to advance development among Chinese players. All goalkeepers in the top flight must be Chinese and there can be close to three foreign players, in addition to one from different nations associated to the Asian Football Confederation, on the pitch at any one time.

As detailed by the Telegraph's Ben Rumsby, China's administration has requested a clampdown against "unreasonable speculation" and promised to "control and limit expensive signings and make sensible confinements on players' high

An exchange to China would be something else completely. That is fundamentally recognizing your profession is over. I need to continue playing at the highest level as long as possible

earnings".

In any case, regardless of the announcement from an anonymous representative of the General Administration of Sport, clubs in China keep on making enormous offers for Europe's top ability.

Arsene Wenger has conceded he is worried that the colossal wages on offer to players from clubs in China could turn into a benchmark for the Premier League's top ability.

Be that as it may, the Arsenal supervisor trusts the chance to play inside Europe's main five leagues will dependably be the apex of a footballer's vocation.

In a current meeting, Arjen Robben said he couldn't comprehend players moving to the Chinese Super League in their late 20s.

"An exchange to China would be something else completely. That is fundamentally recognizing your profession is over. I need to continue playing at the highest level as long as possible," said Robben.






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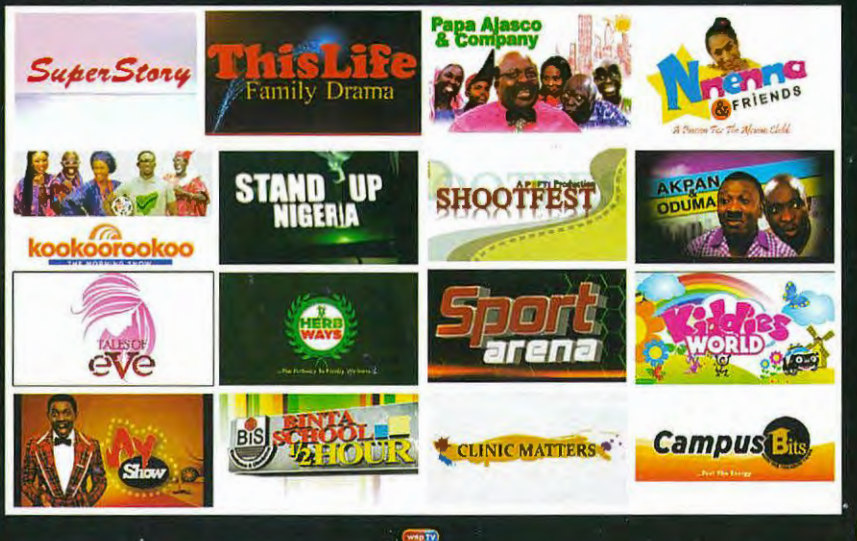
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14. OLUGBENGA TOLUWALOGO-
15. OBUEKWE CHINEDU-
16. OHIEMI BLESSING-
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19. NGALABAK SHUGGE-

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21. UKA TOBI ONYINYE-
22. OLUBOYO FAVOUR-
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24. ANENE IFEOMA-
25. OJOH AGHOGHO UROWOLI-
26. LAMPTHEY FAITH-
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